

## **Kūpuna FOOD ACCESS**

### **Meals**

#### MALAMA MEALS

Providing free meals to large groups of seniors in need.

Call 808-943-MEAL (6325) or visit [malamameals.org](http://malamameals.org) to schedule a meal.

#### KALIHI UNION CHURCH

\$40 5-person dinner pack for pick up

808-779-7083

2214 N. King Street Honolulu, HI 96819; [kalihiunion.org](http://kalihiunion.org)

#### MEALS ON WHEELS SERVICES

- Lanakila Meals on Wheels
- Hawaii Meals on Wheels
- Keiki to Kupuna
- Palolo Chinese Home

Contact individual's Medicaid/Medquest provider first, or contact Honolulu Eldery Affairs (808-768-7700 / [Elderlyaffairs.com](http://Elderlyaffairs.com)) office to expedite service. \* Priority for homebound, live-alone-seniors.

#### SALVATION ARMY KROC CENTER

- <https://www.salvationarmyusa.org/usn/covid19/o>
- (808) 682-5505
- Distributing 2437 meals per week and 350 Kroc Cares Kits (food bags) per week - serving kupuna, keiki and families in need from Kapolei, Makakilo, Nanakuli out to the Waianae Coast

### **Food & Supplies**

#### KUPUNA NEEDS PROJECT

Home delivered groceries and essential supplies by the Boyscout Troop 39. Call 808-202-0820 or 808 202-1203.

#### OUR KUPUNA

Volunteer to assist Kupuna in buying groceries, food, prescriptions and other needs to help them stay home. To request service visit [ourkupuna.com](http://ourkupuna.com) or call 800-400-4506. Register to volunteer on the website.

#### KUPUNA KOKUA

Resources, and grocery delivery for our kupuna on O'ahu.

[www.kupunakokua.org](http://www.kupunakokua.org)

#### SENIOR FOOD BOX PROGRAM by Hawaii Food Bank

Distributing of seniors with low income

For residents of City and County of Honolulu, 60+, income requirements

Putting food boxes to improve the Call 808-954-7868 or visit [hawaiifoodbank.org/csfp](http://hawaiifoodbank.org/csfp)

## **Kūpuna FOOD ACCESS**

### HELP IS ON THE WAY

Help is On the Way is a new Hawaii nonprofit that offers free delivery services for kupuna and others in need.

Contact us at [HiHelpsOnTheWay@gmail.com](mailto:HiHelpsOnTheWay@gmail.com) to apply for the program's services.

Visit [www.hihelpsontheway.org](http://www.hihelpsontheway.org) to sign up for their delivery services or to become a volunteer.

### FOODLAND

- First hour of business on Tuesdays, Thursdays and Saturdays to serve only seniors (age 60+) and an accompanying caregiver or assisting family member at all stores statewide. In addition, seniors will be offered Foodland's "Senior Thursday" 5% discount on these days and times. The special shopping days/times and accompanying discount for seniors will run through March 31, 2020.
- <https://shop.foodland.com/>
- \$12.99 per delivery order, must be \$50 or more.
- They deliver to 96782, 96701, 96797 with restrictions to Waikele and Waipahu Triangle. If you live outside of these zip codes, you can still use the Foodland To You online ordering service but will need to pick up your groceries at curbside at Foodland Farms Pearl City.
- The default selection at checkout is curbside pickup, so be sure to choose the "Switch to Delivery" button at checkout if this is your preference.

### REPRESENTATIVE AMY PERRUSO

Providing food & supply boxes to senior residents of Wahiawa district

Call 808-351-0968

### SAFEWAY

At a minimum, the company will reserve every Tuesday and Thursday from 7 to 9 a.m. for seniors and other consumers at higher risk for the coronavirus, including pregnant women and those with compromised immune systems.

### COSTCO

Senior Hours: Tuesdays and Thursdays, from 8 to 9 a.m., are designated for shoppers 60 and older.

### TARGET

The first hour of shopping at stores each Wednesday is dedicated to older adults and those with underlying health concerns. Opening hours vary by location.

### WALGREENS

Starting March 24, every Tuesday is senior's day, with all-day discounts and senior-only shopping from 8 to 9 a.m. The hour is also designated for caregivers and immediate families. Discounts include 30 percent off Walgreen brands and 20 percent off national brands for those 55 and older.

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### WALMART

Beginning March 24 through April 28, on Tuesdays, shoppers 60 and older can shop one hour before the store opens. Its pharmacies and vision centers will also be open. Store hours are 7 a.m. to 8:30 p.m.

### WHOLE FOODS

Shoppers who are 60 and older can shop at stores for one hour before the store opens to the general public. Store hours vary by location. So if a store is scheduled to open to the general public at 9 a.m., for example, older shoppers can shop 8-9 a.m.

### **Statewide Kupuna Food Security Coalition from Kanu:**

<https://kanuhawaii.galaxydigital.com/kupuna-food-security-coalition>