

# Dr. Rosita Leong Mini-Medical School on Healthy Aging

*John A. Burns School of Medicine*



**2020**  
Oct 3 - Oct 31 **FALL**



**Aloha!** Welcome to this all new Mini-Medical School on Healthy Aging! Are you interested in learning more about healthy aging and gaining accurate, reliable information from aging experts? Hearing what our current medical students are learning about aging? Here is your opportunity to do all of that – and more – by enrolling in our **Dr. Rosita Leong Mini-Medical School on Healthy Aging**, sponsored by the **John A. Burns School of Medicine (JABSOM)**, the **University of Hawai'i Cancer Center (UHCC)** and the **University of Hawai'i Foundation (UHF)**.

The topics in this Fall 2020 course curriculum are new this year (repeated from Spring 2020) and were suggested by previous class participants. Join us and become a “mini-medical student.”

This course is being offered free to UH donors, UH alumni and community members. Space is limited and pre-enrollment is required.

**All New Topics – Spring/Fall 2020!**

**Fall 2020 Schedule**

**Oct. 3 – Oct. 31**

**Five Saturday mornings**

**9–11:15 a.m. (two topics)**

**Course Location**

**Due to the COVID-19 pandemic and our concern for your safety, the Fall 2020 MMS course will be online sessions using the Zoom Platform.**

## Course Curriculum

*Subject to schedule changes – continued on back*

### Oct. 3: Session 1

- 8:45 a.m.** **Oli** – Dr. Kalani Brady, Assoc. Professor Native Hawaiian Health, JABSOM  
**Welcome** – Dr. Jerris Hedges, Dean, JABSOM, Dr. Randall Holcombe, Director, UH Cancer Center, and Mr. Tim Dolan, CEO, UH Foundation
- 9 a.m.** **The Eye of the Artist**  
 Dr. Tyrie Jenkins, Jenkins Eye Care
- 10:15 a.m.** **Restoring Health through Chiropractic Care**  
 Dr. Timothy Luke, Ho'ōla Chiropractic

Enroll online: [www.uhfoundation.org/MMS-Fall20](http://www.uhfoundation.org/MMS-Fall20)



## Course Curriculum, continued

### Oct. 10: Session 2

9 a.m.

#### Cardiovascular Care

Dr. Todd Seto, Queen's Medical Center and Assoc. Prof. JABSOM

10:15 a.m.

#### Improving Cancer Care Through Clinical Trials

Dr. Jessica Rhee, Previously Medical Director of the Clinical Trials Office, UHCC

Q&A Session by Dr. Jeffrey Berenberg, Co-Medical Director, Translational and Clinical Research, UHCC

### Oct. 17: Session 3

9 a.m.

#### Maintaining Strength and Avoiding Frailty

Dr. Kamal Masaki, Professor and Chair of Geriatric Medicine JABSOM

10:15 a.m.

#### Consider Different Options for End-of-Life Care

Ms. Jeannette Kojane, Executive Director of Kōkua Mau

### Oct. 24: Session 4

9 a.m.

#### Stroke Treatment and Prevention

Dr. Kaz Nakagawa, Medical Director, Stroke Center, Queen's Health Center

10:15 a.m.

#### Technology Pointers for Seniors

Dr. Kathleen Connolly, Associate Faculty Specialist, JABSOM, and

Mr. Michael Connolly, IT Architect, General Dynamics Information Technology

### Oct. 31: Session 5

9 a.m.

#### How to Combine the Best of Eastern & Western Health Care

Dr. Catherine Kurosu, Kailua Family Doctors

10:30 a.m.

#### Graduation Speaker - "What Retirement Means To Me"

Dr. Virginia Hinshaw, Chancellor Emeritus/Professor, JABSOM

10:50 a.m.

#### Graduation

Dr. Jerris Hedges, Dean, JABSOM

*Mahalo nui loa to our endowment sponsor **Dr. Rosita Leong**  
and to our many generous donors (2014—2020):*

*Presenting Sponsors: Virginia and Barry Weinman*

**Session Sponsors:** Brigitte and Robert Campbell, Virginia and Bill Hinshaw, Elahé Omidyar Mir-Djalali, iAGE Channel (Core Group One and Spectrum/Oceanic 342/1342), and 2 Anonymous Donors

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**MMS Friends/Class Participants**

For more information please contact the Mini-Medical School

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