Spring 2024

### >>> HUAKA`I HUB <<<







#### Aloha!

With summer fast approaching many students look forward to hitting the beach, relaxing, hanging out with friends to unwind from the busy school year. However, for those looking at potential careers in healthcare, it is also a time to have fun by shadowing exploring programs, providers, participating in a research program, and getting some hands-on experiences to learn more about the field of medicine. The Huaka'i initiative was launched a year ago with a very simple purpose: To encourage and inspire youth to pursue careers in healthcare and science by connecting students, educators, advisors with JABSOM faculty and community health partners to build pathways for those interested in health and science.

As we jump into summer, we encourage your students to try something new and keep exploring!



Jaimie Tom, M.D. Associate Director of Admissions, University of Hawai'i John A. Burns School of Medicine Lead, JABSOM Huaka'i Initiative tomj@hawaii,edu

SCHEDULE A CAMPUS TOUR Scan the QR code click the link JABSOM TOURS



### UPCOMING OPPORTUNITIES ...

Summer is right around the corner... If you haven't decided just yet, take a look at some pre-health opportunities in store for you!

Click the link to check out our summer opportunities flyer!



#### **DID YOU KNOW?**

It is 110% okay to not know what you are interested in!

During undergraduate, it is common for people to change their major! In medical school (and other health professional programs), students may not know what specialty they are interested in until the VERY end!



By: Lauren Nakamine Senior Peer Leader UHM PAC

### **JABSOM NEWS** JABSOM Kūlike Kākou Gala 2024

The Kulike Kakou Gala, held on April 13, 2024 at the Kahala Hotel and Resort, was an unforgettable night of laughs and camaraderie as Tumua Tuinei, also a University of Hawai'i graduate, brought a full dose of laughter to the more than 400 people who attended the the sold-out event. Kulike Kakou, ("Stand Together") was the vision of JABSOM alumni and cochairs Dr. Shane Morita and Dr. Jaimie Tom to provide a platform to come together as a community to support one another. "We have all been affected by the repercussions of the COVID-19 pandemic, the aftermath of community and personal tragedies, and the overall challenges of life. We recognize that burnout and weariness affect us all, no matter what industry we work in. Despite the numerous advances in modern healthcare, we all know that laughter is still the best medicine". Kūlike Kākou also featured performance by Nā Hōkū Hanohano award-winning singer Kamakakehau Fernandez.

In addition to comedic relief, the Kūlike Kākou Gala honored President Lassner for the tremendous work he has done to expand the UH system across the state, giving more opportunities for students to have access to higher education. The event also brought awareness to the rural and neighbor island training initiatives that JABSOM has created to expand our physician workforce in these communities. In a true showing of the Aloha Spirit, Kūlike Kākou brought people from all communities together for a common cause, with all net proceeds from the gala benefiting the <u>Rural and Neighbor Island Training Program</u>. If you would like to contribute to the Rural and Neighbor Island Medical Education fund, scan the QR code.



Hawai'i's own Tumua Tuinei bringing laughs to the a full crowd.



Rural and Neighbor Island Medical Education fund



Interim Dean Lee Buenconsejo-Lum with Governor Green, the First Lady and current JABSOM students



Co-chairs Dr. Shane Morita & Dr. Jaimie Tom with their sons Elijah & Zechariah with the Governor, First Lady and President Lassner



Emeritus Dean Jerris Hedges & Ms. Lynn Chong

## **JABSOM NEWS** Biomedical Sciences Symposium 2024

The Annual Biomedical Sciences Symposium was held from April 17-18, 2024, at JABSOM's Medical Education Building. The symposium presented top health science research and ideas from academia throughout the state of Hawaii. During the 2-day symposium, over 100 students and academicians presented their work.



Visiting Professor, Steven Lipshultz, MD from Jacobs School of Medicine University at Buffalo, Department of Pediatrics, was the plenary speaker, who gave an informative presentation about cardiotoxicity after childhood cancer.

## **JABSOM UPCOMING EVENTS...**

Calling all high schoolers grades 10-12...

John A. Burns School of Medicine

### MEDICAL DIAGNOSIS & TREATMENT SUMMER PROGRAM IS HERE!!!







Learn how to suture and perform physical examinations like these students!



This week-long summer program for students currently in grades 10-12 provides an engaging, hands-on learning opportunity for students interested in health professions. This course, taught by JABSOM faculty and medical students, will give participants the opportunity to experience the Problem Based Learning (PBL) curriculum used by medical students. They will also get to learn important clinical skills, interact with real simulated patients, rotate through the anatomy lab and the simulation learning center, and more. This in-person course will be held at the UH Mānoa John A. Burns School of Medicine in Kaka'ako July 8 – 12, 2024, 8:00 a.m. – 4:00 p.m.



To learn more click the link!

# MEDICAL DIAGNOSIS & TREATMENT SUMMER PROGRAM...



Student Testimonials (2023)

"This program showed me how passionate I am about medicine. The hands on experience provided by JABSOM, solidified my dreams. I would recommend this program to anyone interested in medicine."

> "It's a good way to figure out if you want to go into the medical field in the future and what medical school is really like."





"I think the activities and the whole experience was really eye-opening and very cool. It also gives people interested in healthcare a chance to really experience the medical school life."

"This was a great experience and much better than what I ever thought it would be. I knew that I'd learn things, but I've also made good memories that I know I won't forget, and met people that I am really gonna miss, even if we only knew each other for a week."

To register, submit the completed program application to Summer Programs by May 31, 2024. If you have questions about registration, contact Summer Programs at <u>summer.programs@hawaii.edu</u> or

(808) 956-9246.

# HUAKA'I SPOTLIGHT

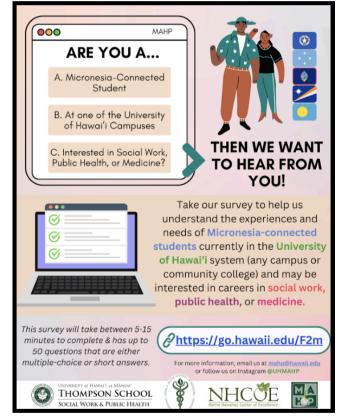
### MICRONESIANS ADVANCING IN HEALTH PROFESSIONS





Micronesians Advancing in Health Professions (MAHP) is a pilot program supported by the University of Hawai'i at Mānoa's Provost Strategic Investment Initiative. MAHP is a collaboration between the UH Mānoa Thompson School of Social Work & Public Health and the John A. Burns School of Medicine. This makes MAHP uniquely positioned to be among the sources of health & social welfare education and training in the Pacific region. MAHP's efforts aim to enhance support systems for UH Manoa students connected to the geographic region of Micronesia and increase representation of Micronesia-connected individuals in social work, public health and medical professions.

MAPH recently launched a survey entitled: *An Exploration of Student Experiences & Needs*. This survey is for Micronesia-connected college students, particularly those at UH Mānoa who may be interested in the social work, public health and medicine careers. The survey also has a section for community members and others connected to the geographic region of Micronesia to share. You can find the survey here: <u>https://go.hawaii.edu/F2m</u>







Take the survey

# HUAKA'I SPOTLIGHT

### **ONE HEALTH** Interdisciplinary Undergraduate Certificate Program

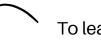
"One Health recognizes that the health of people is closely linked to the health of animals, plants, and our shared environment"

The One Health Interdisciplinary Undergraduate Certificate Program at the University of Hawai'i prepares students with the skills and knowledge to work collaboratively across disciplines to solve real-world problems. Based in the UH Manoa Interdisciplinary Studies Program, it is a partnership of faculty from the John A. Burns School of Medicine (JABSOM), the Office of Public Health Studies (OPHS) in the Thompson School of Social Work and Public Health (TSSWPH), the Pacific Biosciences Research Center (PBRC) in the School of Ocean and Earth Science and Technology (SOEST), and the College of Tropical Agriculture and Human Resources (CTAHR).

The One Health certificate will benefit students pursuing a wide range of professions in human, animal or environmental health. Examples of career opportunities include professionals in human health (doctors, nurses, public health practitioners, epidemiologists, research scientists), animal health (veterinarians, veterinary technicians, agricultural workers), and environmental health (ecologists, wildlife experts). Other One Health-related careers include science writing, food safety, disaster preparedness, global disease surveillance, policy, and sustainability practices.



<u>One Health Program</u>



To learn more click the link!





## **GET CONNECTED...**



### >>> UHM'S PRE-HEALTH/PRE-LAW ADVISING CENTER (PAC)

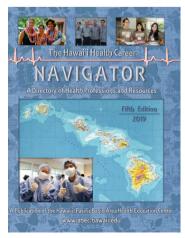
SCHEDULE AN APPOINTMENT TODAY

Whether you are looking to apply to UH Manoa or looking at other universities, <u>anyone</u> can schedule an appointment with a peer advisor!

Together we will discover the best route to your career goals, choose classes and extracurriculars, and more!

Unable to find a time that works best for you? Get your questions answered via email uhpac@hawaii.edu



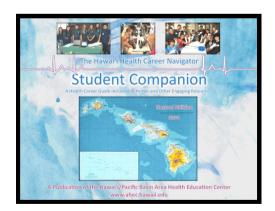


### >>> AREA HEALTH EDUCATION CENTER

Explore the various health careers available in the Hawaii Health Career Navigator (left)! This directory was created by AHEC to assist pre-health students determine their unique path to healthcare.

The Student Companion book (right) was created to assist students in learning more and comparing potential fields of interest.

Both are great resources you can use to navigate your future in Hawaii healthcare system!



Download a digital copy or request a physical book <u>here!</u>



Click the link!

## **GET CONNECTED...**

Hawaii Pre-Health Career Corps

The Hawaii Pre-Health Career Corps (PHCC) is a free year-round program for students of any age who want to pursue a health career. This program is for students who live in Hawaii or have ties to Hawaii.



### C.A.N.O.E. **UMITED OFFER** DEADLINE **E PRE-HEALTH ACADEMY '24** 5-31-2024



### Create And Navigate Opportunities in Education

#### JULY 1 - 20. LOCAL IN-PERSON SESSIONS & ONLINE MODULES JULY 21 - JULY 28, RESIDENTIAL PROGRAM AT UH MANOA + \$1,500 STIPEND

#### Receive 3 COLLEGE CREDITS via UH West Oahu

- Students will be enrolled in the HLTH123 Course
- Introduction to Clinical Skills
- Patient Care and Interviewing
- Soft/Hard Skills Building 0
- **Career Exploration**
- **Clinical Skills**

#### Certifications

- CPR-First Aid
- 。 OSHA
- HIPAA 0
- Seizure First Aid

#### PBL (Problem-Based Learning)

- Critical thinking and analysis
- Explaining Concepts
- Working in Teams
- 1 Week Residential Program at UH Manoa
  - FULL SCHOLARSHIP for meal and boarding
  - HOUSING at UH Manoa Dormitories
  - \$1,500 STIPEND upon successful completion of the program 0
- Academic Status Upon Applying
  - Graduating High School Seniors
  - College Students considering transfer to UH Manoa
  - Must provide the most recent transcript (unofficial accepted)
  - 2.5 GPA or Above
  - Hawaii Students ONLY
- Eligibility (must meet one of the following)
  - First-generation college student
  - Economically disadvantaged student 0
  - Underrepresented minority group

#### **NO ADMISSION / TUITION FEE**

Students residing outside of Oahu are responsible for their airfare to attend the residential program at UH Manoa in Honolulu, Hawaii.

Contact: Lark J. Morin, MAOM e: canoepha@hawaii.edu p: (808)375-7996







**REGISTER NOW!** https://shorturl.at/cjxQ2 Deadline: May 31, 2024





Hilo

