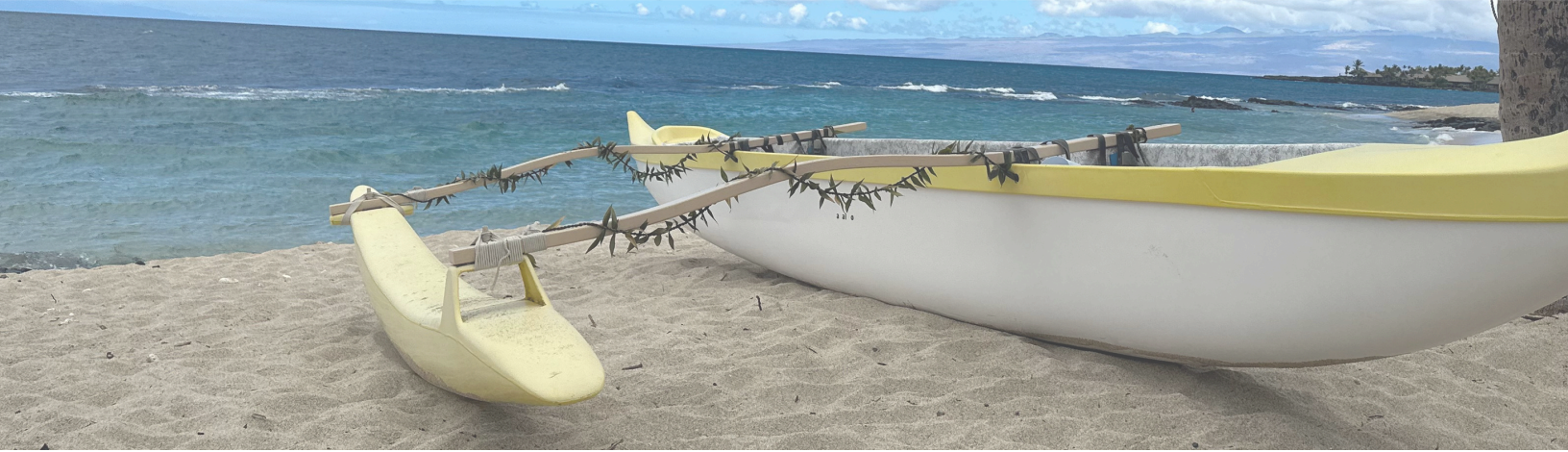




»» HUAKA'I HUB ««



Aloha!

Happy Thanksgiving! I love this time of year because starting the holidays with a grateful heart gets me in the right mindset to jumpstart a fresh new year. It is a reminder for me that no matter how challenging life gets, there is always something to be thankful for. The holiday season is a great opportunity to re-energize our body and refocus our mind on the people and events in life that brings us joy.

The JABSOM Huaka'i initiative was launched in the spring of 2023 with our inaugural symposium. This brought together community partners working with young learners. The Huaka'i Hub connects individuals and organizations working with youth in Hawai'i to collectively advise and mentor students into meaningful and fulfilling careers in healthcare and science.

Wishing you a wonderful holiday season!

Jaimie



Jaimie Tom, M.D.
Associate Director of Admissions, JABSOM
Lead JABSOM Huaka'i Initiative
tomj@hawaii.edu



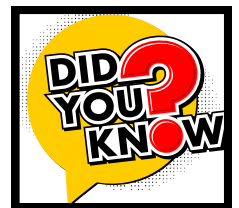
UPCOMING OPPORTUNITIES...

Have any plans for the summer? If you haven't decided just yet, take a look at some pre-health opportunities in store for you! Deadlines are around the new year!


- [Hawaii Pacific Health's Health Careers Summer Internship](#)
- [Pathways for Advancement of Pacific Islanders \(PAPI\)](#)
- [Hawaii Pacific Neuroscience Summer Internship](#)
- [STEP-UP summer research](#) (deadline Feb)
- [HPH Nurse Aide Program](#) (applications available December)
- [HPH Medical Assistant Program](#)
- [The 2024 HuBMAP Underrepresented Student Internship Program](#)
- [Queens Summer Student Program](#) (opens in March 2024)

Did you know?

You can major in **ANYTHING** during your undergraduate! Medical schools (and other health professional schools) don't care if you majored in a natural science or not! All you need to do is complete the prerequisites coursework (which varies for each field and program)!



By: Lauren Nakamine
Senior Peer Leader
UHM PAC

Want to get involved or have any opportunities for students?  huakai@hawaii.edu

JABSOM NEWS



TALK STORY WITH JABSOM ADMISSIONS

JABSOM Office of Admissions hosted an inaugural virtual "Talk Story" session for high school counselors on November 17, 2023, to discuss the medical school journey and answer common admissions-related questions. In this interactive session, attendees were given the opportunity to ask Dr. Asano, the Director of Admission and the admissions team burning questions about medical school and got an insiders look into the admissions process. Don't miss our next session!

SCHEDULE A CAMPUS TOUR

SCAN THE QR CODE OR
CLICK THE LINK BELOW



JABSOM TOURS

JABSOM CAMPUS TOURS

Our JABSOM tours are much more than a trip around campus. During these visits, your students will have an opportunity to experience a day in the life of a JABSOM medical student! Students can participate in a number of interactive teaching activities such as SimTiki simulation lab, anatomy demonstrations, gain hands-on clinical skills, PBL scenarios and much more!

Interested?  huakai@hawaii.edu

MĀNOA EXPERIENCE

University of Hawai'i at Mānoa hosted its annual open house event on October 21, 2023. At this in-person event, thousands of students were welcomed onto campus to experience the life of a UH Warrior! They toured our beautiful campus and connected with faculty, staff, and current students to learn about the amazing programs, services, and activities available to incoming students. Join us next year for this one-of-a-kind event and stop by our JABSOM tent to learn more about our programs.



'IMI HO'OLA CELEBRATES 50 YEARS!



"Those who seek to heal"

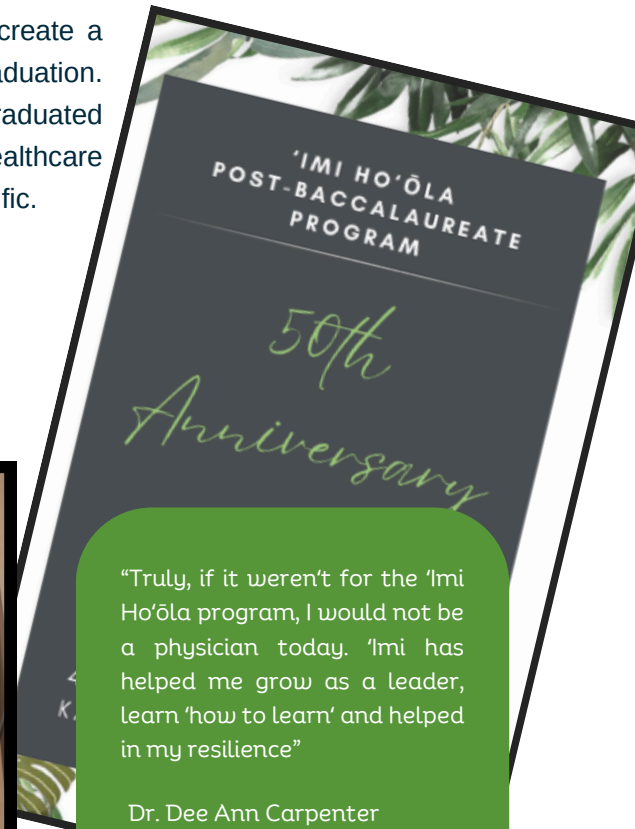
On October 28, 2023, students, faculty and community physicians gathered at the Ko'olau Ballrooms to celebrate the 50th anniversary of the the 'Imi Ho'ola Post-Baccalaureate Program! The 'Imi Ho'ola program, founded by Dr. Benjamin Young in 1973, has provided educational opportunities to students from underrepresented populations in medicine. The program currently seeks out students from economically, socially, and/or educationally disadvantaged backgrounds who possess the potential to succeed in medicine and have shown a commitment to serve in Hawai'i and the Pacific.

The 'Imi Ho'ola program uses student-centered curricula and individualized support to strengthen the basic sciences foundation of participants, develop effective learning strategies, build self-confidence, and create a support network that continues beyond graduation. Since its inception, over 300 physicians have graduated from the program, leading to improved healthcare services for communities in Hawai'i and the Pacific.

"Once an 'Imi, always an 'Imi!"

"It is an honor to carry on the legacy that is 'Imi Ho'ola. My greatest joy is seeing 'Imi graduates within the halls of JABSOM or caring for patients in the hospital - each making a difference as a healer for our community."

Dr. Winona Lee
Director, 'Imi Ho'ola
Postbaccalaureate Program



"Truly, if it weren't for the 'Imi Ho'ola program, I would not be a physician today. 'Imi has helped me grow as a leader, learn 'how to learn' and helped in my resilience"

Dr. Dee Ann Carpenter
Professor of Internal Medicine



HUAKA'I SPOTLIGHT

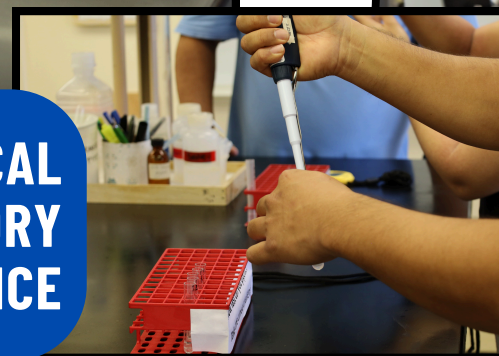
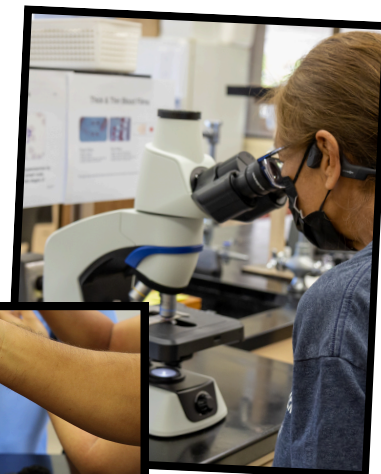
MEDICAL LABORATORY SCIENTIST

Interested in science or medicine and thinking about picking a college major that will land you a good salary and job security right after graduating from college? If you answered **yes**, Medical Laboratory Science might be the field for you!

What is a Medical Laboratory Scientist you might ask? Medical laboratory scientists analyze biological specimens and perform complex tests on patient samples using sophisticated equipment like microscopes. The results they find play an important role in identifying and treating numerous medical conditions, such as cancer, heart disease and diabetes. The data they provide to the physicians play a significant role in patient diagnosis, treatment, and hospital admission decisions. MLS are responsible for running medical tests and without them, over 70% of all medical diagnosis and treatment would not be possible. They are responsible for keeping you and your loved ones alive and healthy, yet most people do not know about this exciting and very important profession.

“Sounds exciting! How do I become a Medical Laboratory Scientist?” After getting a 2-year associates degree in Medical Laboratory Technology (MLT) at a community college (Kapi'olani Community College) students go on to complete their bachelor's degree in Medical Laboratory Science. Graduates of the University of Hawai'i John A. Burns School of Medicine Department of Medical Technology become Medical Laboratory Scientists (MLS).

The MLS program at UH has long-standing relationships with labs and hospitals throughout the state of Hawai'i, giving students greater opportunity to gain clinical experience and strong job security upon graduation. With a critical shortage of MLS and other laboratory professionals in Hawai'i and across the country, UH Mānoa Department of Medical Technology is proud to offer a new completely online program starting in the fall of 2024. For those who cannot come to UH Mānoa to attend classes, such as those who live on neighbor islands and those who need to work full-time and do not have the flexibility to attend in-person classes, this online program allows students to still graduate with their bachelor's degree in MLS. Whether you'd like to attend classes on campus or via the online option, to learn more contact us at medtech@hawaii.edu or visit <https://medtech.jabsom.hawaii.edu> for more information.



Medical Technology is a health-care profession in which Medical Laboratory Scientists (MLS) analyze specimen and perform complex testing on patient samples for the promotion of health. These results allow physicians to diagnosis, monitor, and treat diseases.

**MEDICAL
LABORATORY
SCIENCE**

HUAKA'Ī SPOTLIGHT

COMMUNICATION SCIENCES & DISORDERS



JABSOM's Department of Communication Sciences and Disorders (CSD) offers the only ASHA CAA accredited program in Hawai'i to prepare students for rewarding careers as speech-language pathologists (SLPs). Cohorts of 16 are admitted every fall semester for the 2-year Master of Science program. SLP is ranked as one of the best health care careers by the U.S. News & World Report. It provides opportunities for clinicians to work in a variety of settings with people of all ages to identify, assess, and treat speech, language, cognitive-communication, and swallowing disorders. Salaries are competitive and there is a high demand for SLPs in our local community, particularly for professionals who are bilingual and from underrepresented backgrounds. SLP positions in Hawai'i are projected to increase by 24% through 2030, much faster than the average for other occupations. To address the severe shortage of SLPs in our public schools, JABSOM CSD entered into a Memorandum of Agreement with the Hawai'i Department of Education (HIDOE) which offers full scholarships with a promissory note to work for six years in the HIDOE and serve in high-need rural communities. SLP is also an eligible profession for Hawai'i's Healthcare Education Loan Repayment program. Although CSD does not offer an undergraduate degree, students can complete prerequisite CSD courses online through the Speech Pathology and Audiology Prerequisite Program (SPAPP) and apply with a bachelor's degree in related majors such as UH Mānoa's Interdisciplinary Studies. For information on a gratifying career to improve the quality of life for individuals with communication and swallowing disorders, visit the following websites:

[JABSOM's Department of Communication Sciences and Disorders](#)

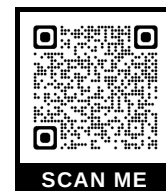
(JABSOM CSD: Master of Science program)

[Speech Pathology and Audiology Prerequisite Program](#)

(UH Mānoa: undergraduate courses)

[hearingandspeechcareers](#)

(American Speech-Language-Hearing Association: careers in CSD)



GET CONNECTED...

UNIVERSITY OF HAWAI‘I AT MĀNOA PRE-HEALTH ADVISING



The Pre-Health/Pre-Law Advising Center (PAC) at UHM is a community resource for those interested in health or law fields! PAC advisors are able to assist you with choosing a major all the way to helping with interview prep! No matter where you are in your pre-health journey, PAC is able to assist! Visit our website using the QR code to the right!



Calling all high school seniors! Check out the early acceptance programs offered through UH Mānoa for various health fields! Scan the QR code on the left for more information!



AREA HEALTH EDUCATION CENTER

The Pre-Health Career Corps (PHCC) by the Area Health Education Center (AHEC) is a free year-round program for students to explore health careers. It aims to raise awareness, provide mentoring and research experiences, and offer campus exposure for students living in or with ties to Hawaii. PHCC members participate in exciting workshops! In November, they hosted a **Mystery Lab Workshop** for high school and college students. In this workshop, students examined a crime scene for evidence and examined blood types and other forensic clues to identify the criminal! Encourage your students to join PHCC! Check out their website for more upcoming events.

Questions? email phcc@hawaii.edu



Teen Health Camp 2024!! Teen Health Camp is a free 1-day event hosted by AHEC where high school students can learn hands-on clinical skills from medical students and health profession volunteers. The workshops include suturing, casting, and CPR and are available on **every island** to 9th-12th grade students interested in healthcare careers. Check out their website for upcoming dates in 2024.



<https://www.ahec.hawaii.edu>