

Global Health and International Medicine MD Student Handbook

2024 - 2025



Design by Roxanne Ko, JABSOM Class of 2021

John A Burns School of Medicine
Office of Global Health and International Medicine
Kaka'ako Hawai'i

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INTRODUCTION



Sunset from the deck of the Hokulea

Global Health and International Medicine at JABSOM seeks to assist our students, residents and faculty in their efforts to improve the well-being of our planet, addressing health issues that transcend national boundaries and improving health care at all levels of society—personal, community, national, regional, global, and planetary. Global health addresses major impediments to well-being such as infectious diseases, inadequate nutrition, structural violence, and poverty, conditions that have wide ranging effects in both developed and underdeveloped regions of the world. We seek to improve the skills needed, through study, research, practice, and advocacy, to respond to global threats to health and well-being, and to understand better health care systems elsewhere in the world.

JABSOM's Office of Global Health and International Medicine (OGHIM) is directed by Junji Machi, MD, PhD, who also chairs JABSOM's Committee on Global Health, a standing committee within the Dean's Office at JABSOM, tasked with coordinating the school's efforts in the global health. OGHIM works to ensure that all international activities of JABSOM faculty, staff and students are aligned with the school's mission and in compliance with all accreditation body requirements. OGHIM facilitates all JABSOM efforts that address global health issues, international medical education, international student and faculty exchange, and international research, and promotes the relevance of global health, international medical education, and social justice for medical students and faculty at JABSOM.

SUPPORTING PROGRAMS



"Welcome to Losap" Losap, Mortlocks, Chuuk State, FSM

Global Health Interest Group

GHIG is comprised of medical students and faculty interested in increasing awareness of global health issues, other cultures, and international socio-political topics. GHIG focuses on promoting a global and multicultural perspective to the medical curriculum and to encourage opportunities for JABSOM students to work internationally and live abroad.

Contact: Elizabeth Kiefer, MD (emkiefer@hawaii.edu)

Partnership for Social Justice

PSJ aims to make a lasting difference in our community through projects designed to address health and educational inequities, and to understand public policy in both local and global domains. Each spring PSJ students facilitate an elective course "Social Justice in Medicine". The faculty for the social justice elective are Teresa Schiff, MD (schiff@hawaii.edu) and Nash Witten, MD (witten@hawaii.edu)

Graduate Certificate in Tropical Medicine

This one-year Graduate Certificate in Tropical Medicine offers a unique opportunity for medical students to study the many dimensions of tropical medicine and global health. Students gain hands-on experiences working in settings around the world. Completion of this certificate fulfills the academic requirements for the graduate to sit for the CTropMed diploma offered by the American Society for Tropical Medicine & Hygiene.

Contact: William Gosnell, PhD (gosnell@hawaii.edu)



The Hawai'i/Pacific Basin Area Health Education Center

The Area Health Education Center (AHEC) provides assistance with travel coordination, financial support for airfare, shared lodging and ground transportation for students from all years of medical training for both credit and non-credit experiences. AHEC rural healthcare training allows medical students to live in one of the US Affiliated Pacific Island communities for a month to gain cultural awareness and understanding as part of an inter-professional team with Social Work, Pharmacy, Nursing and Public Health students, as well as shadow medical providers and learn the many challenges and rewards of rural health care across Hawai'i's neighboring islands, American Samoa, Republic of Palau, Guam, Federated States of Micronesia, and the Republic of the Marshall Islands.

Contact: Kelley Withy, MD, PhD (ahec@hawaii.edu)

University of Hawaii Postgraduate Medical Education Program at Okinawa Chubu Hospital

The collaborative program between JABSOM and Okinawa Prefecture for more than 50 years. <https://jabsom.hawaii.edu/events/50th-anniversary-celebration-uh-post-graduate-medical-education-program-at-chubu-hospital-okinawa/>

PI Director: Junji Machi, MD, PhD. (junji@hawaii.edu). Contact: Paula Uchima (pkuwaye@hawaii.edu)

Hawai'i Medical Education Program (HMEP)

Introduction of the US/Hawaii medical education curriculum into Japanese medical schools, implemented in 2015. Currently, 17 Japanese medical schools and 6 hospitals are participating. JrSr HMEP <http://jrjr.or.jp/program> Director: Junji Machi, MD, PhD. (Junji@hawaii.edu). HMEP Program Manager: Emi Saegusa-Becroft, MD, PhD. (esaegusa@hawaii.edu) <https://jrjr.or.jp/HMEP>

SECOND YEAR (MD5) OPPORTUNITIES

1) The Pacific Basin Experience - Japan (Kochi, Osaka, Saga)

This is a two-week program offered during MD5. Students must be in good academic standing. The objective of this program is to expose students to healthcare systems of Japan, increase student knowledge of common illnesses of the region, and expose students to cultural issues affecting health.

Students are responsible for all travel related expenses up front. After submission of all required forms and successful completion of the program, participating students will be issued a partial refund from the JABSOM Office of Medical Education (OME). Accommodations to be arranged through each host school.

Sites of program:

1. Kochi University, Kochi Medical School (Up to three students)
2. Osaka Medical College (Up to four students)
3. Saga University School of Medicine (Up to four students)

Contact Personnel:

1. Dr. Jill Omori, Director of the Office of Medical Education,
jill.omori@hawaii.edu; 808-692-0932
2. Ms. Kori-Jo Kochi, Academic Support Specialist/International Coordinator,
kjkochi@hawaii.edu; 808-692-0929

Requirements for students following completion of this program:

1. Prepare a brief summary of the program experience.
2. Assist in the OME's Summer Medical Education Institute (August), and possibly the Learning Clinical Reasoning Workshop (March).

SECOND YEAR OPPORTUNITIES

Students who take their Step-1 exam early enough in May may consider a one or two week international observation opportunity at selected schools in Japan and Korea.

FOURTH YEAR OPPORTUNITIES

Three clinical departments (Family Medicine, Internal Medicine, & Surgery) offer one-month electives for fourth year students interested in an international clinical experience in Asia. The Office of Global Health and International Medicine (OGHIM) and the appropriate faculty member in each Department coordinate the arrangements. If needed, financial assistance may be available through the OGHIM (contact Dr. Machi or Ms. Paula Uchima; pkuwaye@hawaii.edu for details). JABSOM has Memorandum of Agreements (MOAs) with the following sites:

AUSTRALIA

1. University of Newcastle

INDONESIA (every second year)

2. Udayana University School of Medicine

JAPAN

3. Akita University School of Medicine
4. Gifu University School of Medicine
5. Hamamatsu University School of Medicine
6. Jikei University School of Medicine
7. Juntendo University School of Medicine
8. Kanazawa Medical University
9. Kanazawa University Graduate School of Medical Science and School of Medicine
10. Keio University School of Medicine
11. Kitasato University School of Medicine (pending)
12. Kobe University School of Medicine
13. Kochi University
14. Nippon Medical School
15. Okinawa Chubu Hospital

16. Osaka Medical and Pharmaceutical University
17. Saga Medical School
18. Showa University School of Medicine
19. St. Marianna University School of Medicine
20. Tokai University School of Medicine
21. University of Ryukyus
22. University of Tokyo, Faculty of Medicine, Graduate School of Medicine
23. Wakayama University School of Medicine

KOREA

24. Jeju National University
25. Hallym University
26. Pusan National University School of Medicine

NEW ZEALAND

27. Otago Medical School, University of Otago(pending)
Te Mata O Te Tau, Massey University (Research Only)
Te Whare Kura, Faculty of Arts of the University of Auckland (Research Only)

PHILIPPINES

28. Santo Tomas University, Manila

TAIWAN

29. Kaohsiung Medical University
30. Taipei Medical University

THAILAND

31. Siriraj Hospital, Mahidol University
32. Thammasat University



Children in Jarjarkot District, Western Nepal

Fourth Year Medical Student Guidelines for The Development of An Overseas Experience

- Choose an Institution with a MOA with JABSOM from the list above.
- Choose a JABSOM Clinical Department as your sponsor. Contact the appropriate person within this Department.

Department of Medicine: Elizabeth Kiefer, MD: emkiefer@hawaii.edu, and Julieta Rajlevsky: imcoord@hawaii.edu

Department of Family Medicine & Community Health: Seiji Yamada, MD: seiji@hawaii.edu, and Lira Quitevis: liraq@hawaii.edu

Department of Surgery: Stacey Woodruff, MD: slwoodru@hawaii.edu and Nicole Stenstrom: surgclrk@hawaii.edu

- Confirm that the chosen site has a faculty member with a clinical appointment in the Department sponsoring the trip.
- Develop an educational plan, including specific learning objectives and learning strategies that are acceptable to the sponsoring Department and the host preceptor at least 6 months before the elective begins. Discuss your plan with the Department representative and OGHIM.
- Complete the elective as outlined in your plan. At the conclusion of the trip, submit a written report to your clinical department, host institution and OGHIM. Make a presentation to the Global Health Interest Group regarding your experience and lessons learned.

Other requirements:

- Students must be in good academic standing.
- Students are responsible for all expenses. Travel funds may be available; contact OGHIM for more information on travel funds.
- Travel is not permitted during Blocks E & F and to areas that have a U.S. State Department Travel Warning.
- Students must purchase Travel and Supplemental Health Insurance. The policy must include evacuation and repatriation provisions.

- Students should consider registering with Smart Traveler Enrollment Program (STEP) (travel.state.gov).
- Before leaving, student should visit a Travel Medicine Clinic and receive appropriate health advice and prophylactic measures.
- Students must contact Dr. Takanishi (dtakanis@hawaii.edu; with a cc to Dr. Machi) upon arrival at their international destination and upon their return to the United States.



Health Education class, Fais Island, Yap State, FSM.

DEPARTMENT OF FAMILY MEDICINE & COMMUNITY HEALTH

Course Title:	FMCH 545B: Primary Care Preceptorship or FMCH 545C: Topics in Community Health
Pre-requisite:	Student must be in good standing and have received credit for FMCH 532
Duration:	4 weeks minimum
Number of students:	Site dependent
Location:	Various sites in Asia Consult with Dr. Yamada and OGHIM
Cost:	Students are expected to pay all expenses. Limited financial assistance is available for more information contact OGHIM.
Grading:	Credit/No Credit only
Program Director:	Seiji Yamada, MD, MPH; seiji@hawaii.edu
Contact:	Lira Quitevis; liraq@hawaii.edu ; 808-627-3232

Course Description: The FMCH courses allow further experience and flexibility in studies within the field of Primary Care and Community Health.

Sample Education Plan:

**Topics in Family Medicine &
Community Health (FMCH 545C)
Education Plan**

Name of Student: _____

Name of Medical Institution in Asia: _____

Location of Medical Institution in Asia (city, country): _____

Elective Block: _____

Elective Dates (4 weeks minimum): _____

Area or subspecialty: _____

Learning Objectives:

As a result of this Family Medicine Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1. Medical Knowledge
 - a. Understanding of the epidemiologic differences of medical disease in [country, as appropriate] women's health compared to Hawaii
 - b. Experience in different pharmacologic, therapeutic and technologic treatments unique to [country, as appropriate]
 - c. Experience the management of _____ healthcare problems and compare this to the method of care in Hawaii
 - d. Understanding different diagnostic criteria and treatment options for medical diseases in _____
 - e. Understanding of the differences in a universal health care system and the US health care system
2. Clinical Skills
 - a. Knowledge of the cultural differences in communication and interpersonal skills. Understand patient beliefs and ideas about medical disease
 - b. Understand differences in cultural sensitivity during history and physical examination
 - c. Build on experience assessing patients with a language barrier including learning basic medical terminology in _____
 - d. Identify social determinants of health that may influence access to healthcare
3. Professionalism
 - a. Understand and experience culturally appropriate and respectful mannerisms
 - b. Understand culturally specific patient-physician relationships
 - c. Experience relationships among healthcare professionals
 - d. Collaborate with medical students of a different background
 - e. Understand and discuss ethical concerns unique to _____

Learning Strategies:

The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):

1. Interact with medical students and professionals
2. Communicate with patients

3. Experience daily life in _____
4. Attend lectures, discussions, and conferences
5. Observe sensitive patient discussions regarding sexual health and family planning decision making
6. Exposure to commonly used procedures
7. Exposure to new research topics in _____
8. Learn commonly used resources for medical care in _____
9. Speak to patient families to understand their role in health management

Written Report Due Date: _____

Due by the end of the first week of Senior Seminars if the elective is scheduled for Block J
Due within 4 weeks after the elective ends if the elective is scheduled for any other Block

Dr. Seiji Yamada
Director, Medical Student Education
Department of Family Medicine
John A. Burns School of Medicine
University of Hawaii

Date

Dr. Junji Machi
Interim Director, Office of Global Health and
International Medicine
John A. Burns School of Medicine
University of Hawaii

Date



Children along the Netetu Canal, Faischuuk, FSM

DEPARTMENT of INTERNAL MEDICINE

Course Title:	MED 545D: Medicine Elective in Asia
Pre-requisite:	Student must be in good standing and have received credit for MED 541
Duration:	4 weeks minimum
Number of students:	Usually 2 students
Location:	Various sites in Asia
Cost:	Students are expected to pay all expenses. Limited financial assistance is available for more information contact OGHIM
Grading:	Credit/No Credit only
Elective Director:	Elizabeth Kiefer, MD
Contact:	Elizabeth Kiefer, MD; emkiefer@hawaii.edu
Website:	www.uhmed.org
Course Description:	Students will choose a preceptorship site with the assistance of OGHIM.

Course Objectives:

- To increase students' knowledge of diseases affecting people in Asia.
- To expose students to the practice of internal medicine or its sub-specialties in Asia and to compare this to practice in the US, especially in Hawai'i.
- To expose students to the care of patients in Asia and to compare this to the care of patients in the US, specifically to Hawai'i.
- Immersion in the culture of the country selected.

Student Evaluation:

- Before the end of the elective, the preceptor(s) must complete the Faculty Evaluation of Student form, which is found on the Department's website.
- Within 2 weeks after the completion of the elective, the student must complete a Student Evaluation of Elective form.
- Within 4 weeks after the completion of the elective, the student must submit a written report and H&P to the Department of Medicine.

Sample Education Plan:

University of Hawaii
John A. Burns School of Medicine
Medicine Elective in Asia (MED 545-D)
Education Plan

Name of Student: _____

Name of Medical Institution in Asia: _____

Location of Medical Institution in Asia (city, country): _____

Elective Block: _____

Elective Dates (4 weeks minimum): _____

Area or subspecialty of Internal Medicine: _____

Learning Objectives:

As a result of this Medicine Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1) Medical Knowledge

- a) Understand epidemiology/risk factors for common medical conditions in _____
- b) Understand basic pathophysiology and clinical features of geographically prevalent diseases
- c) Understand treatments and alternative therapeutics offered locally for common medical conditions
- d) Understand the _____ healthcare system
- e) Understand _____ lifestyle and cultural practices

2) Clinical Skills

- a) Identify social risk factors and cultural habits specific to _____
- b) Comprehend beliefs and practices about _____ healthcare
- c) Interview and manage patients with a language barrier
- d) Appreciate cultural/locational differences in medical practice

3) Professionalism

- a) Maintain an appropriate and courteous manner
- b) Present a professional appearance and demeanor
- c) Work effectively within the healthcare team
- d) Respect ethical concerns and cultural preferences
- e) Demonstrate initiative and motivation to learn

Learning Strategies:

The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):

1. Observe and shadow the physician in the clinical setting
2. Participate in patient care
3. Discuss patient care and treatment with local physicians and students
4. Volunteer to perform clinical procedures
5. Attend lectures and conferences
6. Use textbooks and online resources to learn useful medical terms
7. Utilize book and electronic resources to look up learning issues
8. Research the latest studies regarding diseases and treatments
9. Actively ask questions regarding _____ health care
10. Embrace _____ culture and understand public health concerns

Written Report Due Date:

Within 2 weeks after completion of the elective, I will complete and submit:

1. A Student Evaluation of Elective form

Within 4 weeks of returning, I will complete and submit:

1. A written report to the Department of Medicine
2. An H&P for one patient

Dr. Elizabeth Kiefer
4th Year International Electives Director
Department of Medicine
John A. Burns School of Medicine
University of Hawaii

Date

Dr. Junji Machi
Interim Director, Office of Global Health and
International Medicine
John A. Burns School of Medicine
University of Hawaii

Date



Focus group on Mogmog, Ulithi Atoll, Yap State



Anchoring at Calalen, Marshall Islands

DEPARTMENT OF SURGERY

Course Title:	SURG 545T: Surgery Preceptorship in Asia
Pre-requisite:	Student must be in good standing and have received credit in SURG 531 or 532
Duration:	4 weeks minimum
Number of students:	Site dependent
Location:	Various sites in Asia
Cost:	Students are expected to pay all expenses. Limited financial assistance is available from OGHIM.
Grading:	Credit/No Credit only
Contact:	Stacey Woodruff, MD; slwoodru@hawaii.edu and Nicole Stenstrom; surgclrk@hawaii.edu
Course Description:	Students will choose a surgical preceptorship site with the assistance of OGHIM

Course Objectives:

- This elective must be in the field directly related to an area of surgery or a recognized surgical specialty.
- To expose students to the practice of surgery or its specialties in Asia and to compare this to practice in the U.S. and specifically in Hawai'i.

Student Evaluation:

- Before the end of the elective, preceptor(s) must complete the Faculty Evaluation of Student Forms.
- Submit a report to the Department of Surgery. This should be completed within 4 weeks of the students return.
 - Submit a written report concerning the outcomes of the elective or
 - Submit an article suitable for distribution describing knowledge gained or
 - Submit a proposal for a research project or community intervention.
- Send a copy of these reports to OGHIM

Sample Education Plan:

University of Hawaii
John A. Burns School of Medicine
Surgery Preceptorship in Asia (SURG 545-T)
Education Plan

Name of Student: _____

Name of Medical Institution in Asia: _____

Location of Medical Institution in Asia (city, country): _____

Elective Block: _____

Elective Dates (4 weeks minimum): _____

Area or subspecialty of Surgery: _____

Learning Objectives:

As a result of this Surgery Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1. Medical Knowledge

- a. Compare disease prevalence between Hawaii/US and _____
- b. Learn about subtleties of presentation of illness in _____ and identify unique medical conditions of the region
- c. Participate in preoperative medical care in the _____ medical system
- d. Understand similarities and differences in risk factors and pathophysiology of disease in Hawaii and _____
- e. Learn about prevalent microbiology and antibiotic use/philosophy for perioperative care in _____

2. Clinical Skills

- a. Improve understanding of standards of perioperative care (eg overnight admission criteria) in _____ compared with the US
- b. Refine physical exam techniques pertinent to evaluation of surgical problems
- c. Improve recognition of situations that require surgical intervention
- d. Improve cultural competency and sensitivity in performing physical examination on patient from different cultures/backgrounds
- e. Learn about differences in prioritization of the differential diagnosis based on _____ culture and disease prevalence

3. Professionalism

- a. Improve interpersonal skills in the setting of language barriers and cultural differences
- b. Learn how to navigate a new healthcare system while maintaining respect for cultural differences
- c. Learn the basic _____ medical terminology for patient education
- d. Investigate the _____ philosophy of the doctor-patient relationship

Learning Strategies:

The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):

1. Shadowing and assisting attending and/or resident surgeons in perioperative management of surgical patients
2. Participating in OR procedures to the extent permitted
3. Attending didactic and lecture sessions when offered
4. Learning about _____ culture by observing healthcare personnel
5. Conducting interviews with English-speaking patients
6. Preparing by researching _____ common illnesses and learning basic vocabulary

Written Report Due Date:

Stacey Woodruff, MD
Director of Surgical Medical Student Education
Department of Surgery
John A. Burns School of Medicine
University of Hawaii

Date

Junji Machi, MD
Interim Director, Office of Global Health
and International Medicine
John A. Burns School of Medicine
University of Hawaii

Date



Post at Wichukino, Tol, Faischuuk



Health Post on Etten, Chuuk

CONSENT, WAIVER, RELEASE AND INDEMNITY AGREEMENT

University of Hawai'i John A. Burns School of Medicine
International Exchange or Other International Programs

Name of Covered Program: _____

Location: _____

Dates (From, To): _____

In consideration for my/my child's participation in the Covered Program, I agree to the following on behalf of myself/my child and my/our heirs, executors, administrators, and personal representatives:

1. Representation of health. I understand the nature of the Covered Program and I represent that I am/my child is in good physical, mental, and emotional health and able to participate in the Covered Program. If at any time I believe the conditions of my/my child's participation to be unsafe, I will immediately cease further participation in the Covered Program. I further agree to and represent that in connection with my/my child's participation in the Covered Program: (a) I/my child will be covered by a private medical and liability insurance policy, (b) I am/my child is not employed by the University of Hawai'i, and (c) the University of Hawai'i will not be responsible for or required to indemnify me/my child or me with respect to any illness, personal or bodily injury, death, economic and property damage, severe emotional loss, and any other loss, damage, or injury (collectively the "Injuries/Damages") that I/my child or me may sustain or suffer in connection with my/my child's participation in the Covered Program.
2. General assumption of risk. I understand and acknowledge the dangers and risks involved in my/my child's participation in the Covered Program including the Injuries/Damages. These Injuries/Damages may be caused by actions or inactions of myself/my child or others participating in the Covered Program and/or the conditions where the Covered Program occurs. I accept and assume all the risks of the Injuries/Damages resulting from my/my child's participation in the Covered Program. I have read and understood all written materials setting forth the requirements for my/my child's participation and I/my child will observe, follow, and comply with all verbal and written instructions.
3. JABSOM assumption of risk. I understand that JABSOM and the University of Hawai'i are not in a position to and do not guarantee my/my child's personal health and safety during participation in the Covered Program. I understand that I am responsible for any and all medical, hospital, other health care provider, and related expenses for any injury or other liabilities arising out of my/my child's participation in the Covered Program. I understand that I/my child should be covered by a comprehensive travel insurance policy that includes coverage for medical, evaluation, and repatriation expenses, prior to my/my child's participation in the Covered Program. I understand that JABSOM's professional liability insurance policy, which covers certain qualified University of Hawai'i personnel and students, does not respond to claims brought in a non-U.S. state or territory. If a medical claim is filed against me/my child or me in a non-U.S. state or territory, I will be personally responsible for all costs associated with in a non-U.S. state or territory, I will be personally responsible for all costs associated with my/my child's or my defense. I understand that I am not/my child is not allowed to provide direct patient care services. If I/my child is a JABSOM first-year medical student, then I understand I/my child is able to observe but not participate in surgical or labor and delivery procedures. I understand that if I/my child participate(s) in research activities of the Covered Program, then I/my child will obtain all necessary certifications and clearances, in compliance with all JABSOM, University of Hawai'i, State of Hawai'i, and federal laws and regulations prior to my/my child's participation in the Covered Program. I further understand that my/my child's failure to do so may lead to serious legal and/or academic consequences to me/my child or me. I understand that my/my child's violation of any statute, ordinance, law, rule, regulation, or term of this agreement is expressly prohibited and grounds for violation of any statute, ordinance, law, rule, regulation, or term

of this agreement is expressly prohibited and grounds for my/my child's dismissal from the Covered Program.

4. Waiver and release. I hereby waive, release, and discharge any and all claims, demands, actions, rights, and causes of action for any and all Injuries/Damages, known or unknown, related to, arising from, or traceable either directly or indirectly to my/my child's participation in the Covered Program (collectively the "Released Claims").
5. Indemnify, defend, and hold harmless. I accept full responsibility for my/my child's participation in the Covered Program and I agree to indemnify, defend, and hold harmless the University of Hawai'i, and its past, present, and future Board of Regents, officers, employees, agents, and assigns from any and all Released Claims and any and all demands, actions, judgments, injunctions, orders, directives, penalties, assessments, liens, liabilities, losses, damages, costs, and expenses (including attorneys' fees), arising or resulting from or caused by any of my/my child's or my acts or omissions (or by any person for whom I am responsible) during, involving, or related to my/my child's participation in the Covered Program.
6. Photo, video, and sound recording release and consent. I authorize the University of Hawai'i and its officers, agents, employees, successors, licensees, and assigns to take and use photographs, video, and sound recordings of and/or live stream my/my child's participation in the Covered Program and to use my/my child's name, image, likeness, appearance, and voice (collectively the "Recordings"): (a) for any legitimate purpose, including any educational, institutional, scientific, fundraising or information purposes, (b) in perpetuity, (c) on a worldwide basis, (d) without compensation to me/my child or me, (e) in any manner or media, including use on social media sites and web pages accessible to the general public, and (f) alone or in combination with other Recordings. All right, title, and interest in the Recordings belong solely to the University of Hawai'i. I understand the Covered Program may attract media coverage or be recorded, in whole or in part, for rebroadcast or retransmission, and I consent to my/my child's inclusion in such media coverage, which may appear in print media, live or replay telecast or broadcast, podcast, and/or through social media and internet postings.

I have read this Consent, Waiver, Release, and Indemnity ("Agreement") and I understand that I am/my child and I are voluntarily giving up substantial rights, including the right to sue. I acknowledge that I am/my child is participating in the Covered Program freely and voluntarily. I agree that: (a) the laws of the State of Hawai'i shall apply to this Agreement and (b) if any portion of the Agreement is invalid, the remainder of the Agreement shall continue in full force and effect.

_____ Signature of Participant	_____ Print Name	_____ Date
_____ Signature of Parent/Legal Guardian	_____ Print Name	_____ Date
_____ Signature of Parent/Legal Guardian	_____ Print Name	_____ Date

*Co-signature of Parent/Legal Guardian required if Participant is under 18 years of age.
If parents are divorced, both parents must sign.*

If signed by more than one Parent/Legal Guardian, all Parents/Legal Guardians will be covered by the terms "me," "myself," and "I."

Tips for Travelers

- Do no harm.
- Practice cultural humility - when unsure what is appropriate, ask.
- Tolerate a high level of ambiguity.
- Seek to contribute to sustainable improvements, not quick fixes.
- Learn as much of the local language as you can.
- Remember that you are a guest: treat your host and all patients with courtesy and respect at all times.
- Pay attention to your health needs and personal safety.
- Display the highest personal and professional conduct in the performance of assignments and in dealing with others.
- Show sensitivity to local beliefs, traditions, cultures and religions.
- Work hand in hand with local health care providers. Do not compete, you are there to learn from them.
- Be flexible and expect the unexpected.



Western Gate of Khiva, Uzbekistan

Useful Resources [websites accurate as of September 2024]

UH Health Services Travel Medicine Information

http://www.hawaii.edu/shs/our_services/travel_medicine.php

U.S. State Department – Travel Warnings & Consular Information Sheets

<https://travel.state.gov/content/travel.html>

U.S. State Department – Registration

<https://step.state.gov/step>

Centers for Disease Control – Health Risks and Disease Prevention

<https://wwwnc.cdc.gov/travel>

<https://wwwnc.cdc.gov/travel/page/yellowbook-home/>

Weather

<http://worldweather.wmo.int/en/home.html>

Supplemental Travel Insurance

International SOS

www.internationalsos.com

SAFETRIP

<https://www.uhcsafetrip.com/>

International Association for Medical Assistance to Travelers

<https://www.iamat.org/>

SquareMouth

<https://www.squaremouth.com/>



Durga Puja, Chittagong, Bangladesh

Contact Information

Danny Takanishi, MD, Office of Student Affairs
email: dtakanis@hawaii.edu

William Gosnell, PhD, Department of Tropical Medicine, Medical Microbiology
& Pharmacology
email: gosnell@hawaii.edu

David Horio, MD, Office of Medical Education
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Petroglyph Field, Cholpon Ata, Kyrgyzstan



Besakih, Pura Pengubengan, Bali, Indonesia

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