

## Evaluation Subcommittee: Enhancing Wellbeing Through Data-Driven Insights

At the heart of JABSOM's mission WERC to foster a culture of wellbeing and resilience is the Evaluation Subcommittee. Composed of Yuanyuan Fu, Angela Sy, Cade Akamu, Kartik Saini, Jeffrey Sakamoto, and Vance Mizuba, our team is dedicated to evaluating wellbeing at JABSOM and improving the effectiveness of WERC's initiatives. Our work focuses on assessing different aspects of wellbeing across the JABSOM community such as burnout and professional fulfillment. We also hope to define key performance indicators to measure successes, identify strengths, and address areas for improvement. By gathering and analyzing qualitative and quantitative data, we aim to provide insights and recommendations to guide our institutional wellness and resiliency programming. We look forward to learning about how well-being initiatives influence the lives of learners, faculty, and staff.

Our overall evaluation will monitor immediate and longer-term wellbeing outcomes at JABSOM. The WERC Evaluation Subcommittee is presently developing tools to collect data on the participation satisfaction of WERC members, tracking wellness activities, and administering an institution-wide wellbeing survey.

1. Measure participation & behavior changes of WERC subcommittee members - immediate, short term
2. Through online tracking system implementation evaluate how many activities, events were offered, what kinds of events & activities, how many participated, who participated, how many participated in subcommittees: immediate
3. Measure satisfaction of activities; knowledge, attitude, and behavioral intent toward wellness: short term or immediate outcomes: short term
4. Measure fulfillment/burnout: outcomes evaluate: medium-long term

Through transparent communication of our activities and findings, we hope to inspire continued progress and growing commitment to support JABSOM's vision of creating a community where every individual can thrive personally and professionally. We strive for active engagement of the JABSOM community by communicating about our evaluation activities, and presenting results for feedback. We also request your participation and support in our various upcoming data collection activities.

If you have any suggestions or feedback please go the following link which will take you to a google form: [https://docs.google.com/forms/d/1E-LIQhxNdvBfjBika8e6RG1y9\\_MZdGiyRAUbASKKtBs/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1E-LIQhxNdvBfjBika8e6RG1y9_MZdGiyRAUbASKKtBs/viewform?edit_requested=true)

