# Table of Contents

INTRODUCTION Global Health and International Medicine at JABSOM .................3
SUPPORTING PROGRAMS ..................................................................................4
  Global Health Interest Group
  Partnership for Social Justice
  Graduate Certificate in Tropical Medicine
  Philippine Medical Student Association of Hawai’i
  The Hawai’i/Pacific Basin Area Health Education Center
FIRST YEAR (MD5) OPPORTUNITIES ..........................................................6
SECOND YEAR OPPORTUNITIES ..................................................................7
FOURTH YEAR OPPORTUNITIES ..................................................................8
Guidelines for Fourth Year Medical Student Overseas Experience ...............10
DEPARTMENT OF FAMILY MEDICINE & COMMUNITY HEALTH ..........11
  Sample Education Plan
DEPARTMENT of INTERNAL MEDICINE ..................................................14
  Sample Education Plan
DEPARTMENT OF SURGERY ......................................................................17
  Sample Education Plan
CONSENT, WAIVER, RELEASE AND INDEMNITY AGREEMENT* .............20
  *form-fillable pdf version also available on the global health website
Tips for Travelers .........................................................................................22
Useful Resources .........................................................................................23
Contact Information ....................................................................................24
INTRODUCTION

Global Health and International Medicine at JABSOM seeks to assist our students, residents and faculty in their efforts to improve the well being of our planet, addressing health issues that transcend national boundaries and improving health care at all levels of society—personal, community, national, regional, global, and planetary. Global health addresses major impediments to well being such as infectious diseases, inadequate nutrition, structural violence, and poverty, conditions that have wide ranging effects in both developed and underdeveloped regions of the world. We seek to improve the skills needed, through study, research, practice, and advocacy, to respond to global threats to health and wellbeing, and to understand better health care systems elsewhere in the world.

JABSOM's Office of Global Health and International Medicine (OGHIM) is directed by Gregory G. Maskarinec, PhD, who also chairs JABSOM's Committee on Global Health, a standing committee within the Dean's Office at JABSOM, tasked with coordinating the school’s efforts in the global health.

OGHIM works to ensure that all international activities of JABSOM faculty, staff and students are aligned with the school's mission and in compliance with all accreditation body requirements. OGHIM facilitates all JABSOM efforts that address global health issues, international medical education, international student and faculty exchange, and international research, and promotes the relevance of global health, international medical education, and social justice for medical students and faculty at JABSOM.
SUPPORTING PROGRAMS

Global Health Interest Group
GHIG is comprised of medical students and faculty interested in increasing awareness of global health issues, other cultures, and international socio-political topics. GHIG focuses on promoting a global and multicultural perspective to the medical curriculum and to encourage opportunities for JAB-SOM students to work internationally and live abroad.
Contact: Kenton Kramer, PhD. or Gregory G Maskarinec, PhD.

Partnership for Social Justice
PSJ is an interest group made up of members from a variety of disciplines, including medicine, law, nursing, and public health. PSJ aims to make a lasting difference in our community through projects designed to address health and educational inequities, and to understand public policy in both local and global domains. Each spring PSJ students facilitate an elective course "Social Justice in Medicine," overseen by Seiji Yamada, MD, MPH and Gregory Maskarinec, PhD.

Graduate Certificate in Tropical Medicine
This one year Graduate Certificate in Tropical Medicine offers a unique opportunity for medical students to study the many dimensions of tropical medicine and global health. Students gain hands-on experiences working in settings around the world. Completion of this certificate fulfills the academic requirements for the graduate to sit for the CTropMed diploma offered by the American Society for Tropical Medicine & Hygiene.
Contact: William Gosnell, PhD.
**Philippine Medical Student Association of Hawai‘i**
This association is a group of medical students, faculty and practicing physicians interested in health issues of the Philippines and Filipinos living in Hawai‘i. The Philippine Medical Association of Hawai‘i sponsors PMSAH. Contact: Kenton Kramer, PhD.

![Map of the Pacific Basin](image)

**The Hawai‘i/Pacific Basin Area Health Education Center**
The Area Health Education Center (AHEC) provides limited financial support, assistance with coordination and on the ground assistance for students from all years of medical training for both credit and non-credit experiences across Hawai‘i, American Samoa, Republic of Palau, Guam, Federated States of Micronesia, the Commonwealth of the Northern Mariana Islands, the Republic of the Marshall Islands and Taiwan. Contact: Kelley Withy, MD, PhD.

![Image of Yap Harbor](image)

Rigging of the Alingano Maisu, Yap Harbor
FIRST YEAR (MD5) OPPORTUNITIES

1) The Pacific Basin Experience - Japan (Kochi, Osaka, Saga)
This is a two-week program offered during MD5. Students must be in good academic standing. The objective of this program is to expose students to healthcare systems of Japan, increase student knowledge of common illnesses of the region, and expose students to cultural issues affecting health.

Students are responsible for all travel related expenses up front. After submission of all required forms and successful completion of the program, participating students will be issued a partial refund from the JABSOM Office of Medical Education (OME). Accommodations to be arranged through each host school.

Sites of program:
1. Kochi University, Kochi Medical School (Up to three students)
2. Osaka Medical College (Up to four students)
3. Saga University School of Medicine (Up to four students)

Contact Personnel:
1. Dr. Jill Omori, Director of the Office of Medical Education, jill.omori@hawaii.edu; 808-692-0932
2. Ms. Kori-Jo Kochi, Academic Support Specialist/International Coordinator, kjkochi@hawaii.edu; 808-692-0929

Requirements for students following completion of this program:
1. Prepare a brief summary of the program experience.
2. Assist in the OME’s Summer Medical Education Institute (August), and possibly the Learning Clinical Reasoning Workshop (March).

2) University of Hawaii JABSOM Medical Students Summer Preceptorship for First Year Students in the Philippines.
Background: This program has been in existence over the past 15 years with 2-10 students per year who completed the 4 weeks of summer preceptorship in the Philippines.

The objective of the program is to provide medical education through first hand experience of medical practice in the Philippines including academic didactic teaching to practical bedside exposure through immersion in medical facilities with particular exposure to special medical conditions like Tropical Medicine and exposure to Cultural, Economic, Psychological and Ethical in-
fluence on medicine, public health areas, and other medical experience unique in the country of rotation.

Sites of Rotation in the Philippines:
1. University of Santo Tomas Faculty of Medicine and Surgery, Espana, Manila
2. Tropical Medicine Hospital of San Lazaro, Manila as part of UST rotation.
3. Mary Mediatrix Medical Center in Lipa City, Batangas with rotation to Rural Health Center in Village of Sta. Clara, Sto. Tomas (10-15 miles from Lipa City).

Accommodation Facilities in Manila and Lipa:
1. University of Santo Tomas Campus Hostel (rental)
2. Mary Mediatrix Medical Center Residence (provided by hospital)

Transportation: to be arranged.

Contact Personnel:
1. UST – Dean of Faculty of Medicine and Surgery: Dr. Ma. Lourdes Domingo Maglinao – Odettemaglinao@yahoo.com
2. UST – Dr. Maria Piedad R, (Peachy) Natividad – in charge of Student Rotation in UST Hospital – peachynatividad@yahoo.com; peachymd@icloud.com; mprnatividad@gmail.com
   Telephone: 0917-810-1085; 0922-878-7142
3. Mary Mediatrix Medical Center – Dr. Robert Magsino, CEO, President – robertmagmd@yahoo.com; tel – 0917-504-1669
4. Rural Health Center – Dr. Vivien Ona-Gevana – 011-63-927-164-9814; vivona_gev_md@yahoo.com
5. Fernando V. Ona, MD – fvonamd@yahoo.com; 808-551-9484
6. Kenton Kramer, PhD – Kramer@hawaii.edu; 808-561-0619 (mobile) 808-692-0934 (work)
7. Dr. Gregory Maskarinec – gregory.maskarinec@gmail.com; 808-692-1013 (work)
8. Rosalo Paeste, MD – rosalo.paestemd@gmail.com; 808-223-3065 (mobile)
9. Dr. Glorifin Belmonte – belmonteg001@hawaii.rr.com; 808-284-5114 (mobile)

Requirements for Students Following Completion of Summer Preceptorship:
1. At the end of the rotation, students will prepare a 15 minute Powerpoint presentation based on their summer experiences and discuss their presentation with Dr. Maskarinec within two weeks of beginning of their second year.
2. The students are required to participate at the Philippine Medical Association of Hawaii Scientific Meeting by providing formal presentation of their accomplishments during the convention where the scholarship funds will be awarded to them.

SECOND YEAR OPPORTUNITIES

Students who take their Step-1 exam early enough in May may consider a one or two week international observation opportunity at selected schools in Japan and Korea, which can be negotiated with Dr Maskarinec.

FOURTH YEAR OPPORTUNITIES

Three clinical departments (Family Medicine, Internal Medicine, & Surgery) offer one month electives for fourth year students interested in an international clinical experience in Asia. Dr. Gregory Maskarinec and the appropriate faculty member in each Department coordinate the arrangements. If needed, financial assistance may be available through the Office of Global Health and International Medicine (contact Dr. Maskarinec or Ms Paula Uchima (e-mail: pku-waye@hawaii.edu) for details). Currently, the following sites, with which JAB-SOM has memorandums of understanding (MOUs), are available:

BALI, INDONESIA (every second year)
1. Udayana University School of Medicine

JAPAN
2. Akita University School of Medicine
3. Gifu University School of Medicine
4. Hamamatsu University School of Medicine
5. Jikei University School of Medicine
6. Juntendo University School of Medicine
7. Kanazawa Medical University
8. Kanazawa University Graduate School of Medical Science and School of Medicine
9. Keio University School of Medicine
10. Kitasato University School of Medicine
11. Kobe University School of Medicine
12. Kochi Medical School
13. Nippon Medical School
14. Okinawa Chubu Hospital
15. Osaka Medical College
16. Saga Medical School
17. Showa University School of Medicine
18. St. Marianna University School of Medicine
19. Toho University, The Faculty of Medicine
20. Tokai University School of Medicine
21. Tokyo Women’s Medical University
22. University of Ryukyus
23. University of Tokyo, Faculty of Medicine and Graduate School of Medicine
24. Wakayama University School of Medicine

KOREA
25. Jeju National University
26. Pusan National University School of Medicine

PHILIPPINES
27. Santo Tomas University, Manila

TAIWAN
28. Kaohsiung Medical University
29. Taipei Medical University

THAILAND
30. Siriraj Hospital, Mahidol University
31. Thammasat University

NEW ZEALAND
32. Otago Medical School, University of Otago, Dunedin
(Research Only)
32. Te Mata O Te Tau, Massey University
33. Te Whare Kura, Faculty of Arts of the University of Auckland

Children in Jarjarkot District, Western Nepal
Fourth Year Medical Student Guidelines for The Development of An Overseas Experience

- Choose an Institution with a MOU with JABSOM from the list above.
- Choose a JABSOM Clinical Department as your sponsor. Contact the appropriate person within this Department.
  
  Department of Medicine: Mari Shiraishi, MD: mas82@hawaii.edu
  
  Department of Family Medicine & Community Health: Seiji Yamada, MD: seiji@hawaii.edu, and Lira Quitevis: liraq@hawaii.edu
  
  Department of Surgery: Chad Cryer, MD (ccryer@ucera.org)
- Confirm that the chosen site has a faculty member with a clinical appointment in the Department sponsoring the trip.
- Develop an educational plan, including specific learning objectives and learning strategies that are acceptable to the sponsoring Department and the host preceptor at least 6 months before the elective begins. Discuss your plan with the Department representative and Dr. Maskarinec.
- Complete the elective as outlined in your plan. At the conclusion of the trip, submit a written report to your clinical department, host institution and Dr. Maskarinec. Make a presentation to the Global Health Interest Group regarding your experience and lessons learned.

Other requirements:

- Students must be in good academic standing.
- Students are responsible for all expenses. Travel funds may be available; contact Dr. Maskarinec for more information on travel funds.
- Travel is not permitted to areas that have a U.S. State Department Travel Warning.
- Students must purchase Travel and Supplemental Health Insurance. The policy must include evacuation and repatriation provisions.
- Students should consider registering with Smart Traveler Enrollment Program (STEP) (travel.state.gov).
• Before leaving, student should visit a Travel Medicine Clinic and receive appropriate health advice and prophylactic measures.

• Students must contact Dr. Burgess (lburgess@hawaii.edu; with a cc to Dr. Maskarinec) upon arrival at their international destination and upon their return to the United States.

DEPARTMENT OF FAMILY MEDICINE & COMMUNITY HEALTH
Course Title: FMCH 545B: Primary Care Preceptorship or
FMCH 545C: Topics in Community Health
Pre-requisite: Student must be in good standing and have received credit in
FMCH 531 or 532
Duration: 4 weeks minimum
Number of students: Site dependent
Location: Various sites in Asia and the Pacific. Students choose an international site after consulting Drs. Yamada and Maskarinec.
Cost: Students are expected to pay all expenses. Limited financial assistance may be available (contact Dr. Maskarinec).
Grading: Credit/No Credit only
Program Director: Seiji Yamada, MD, MPH; seiji@hawaii.edu
Contact: Lira Quitevis; liraq@hawaii.edu; 808-627-3232
Course Description: The FMCH courses allow further experience and flexibility in studies within the field of Primary Care and Community Health.
Sample Education Plan:

**Topics in Family Medicine & Community Health (FMCH 545C)**

**Education Plan**

**Name of Student:** ______

**Name of Medical Institution in Asia:** ______

**Location of Medical Institution in Asia** (city, country): _____________

**Elective Block:** ___

**Elective Dates** (4 weeks minimum):

**Area or subspecialty:** ____

**Learning Objectives:**
As a result of this Family Medicine Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1. **Medical Knowledge**
   a. Understanding of the epidemiologic differences of medical disease in [country, as appropriate] women’s health compared to Hawaii
   b. Experience in different pharmacologic, therapeutic and technologic treatments unique to [country, as appropriate]
   c. Experience the management of [ ] healthcare problems and compare this to the method of care in Hawaii
   d. Understanding different diagnostic criteria and treatment options for medical diseases in [ ]
   e. Understanding of the differences in a universal health care system and the US health care system

2. **Clinical Skills**
   a. Knowledge of the cultural differences in communication and interpersonal skills. Understand patient beliefs and ideas about medical disease
   b. Understand differences in cultural sensitivity during history and physical examination
   c. Build on experience assessing patients with a language barrier including learning basic medical terminology in [ ]
   d. Identify social determinants of health that may influence access to healthcare

3. **Professionalism**
   a. Understand and experience culturally appropriate and respectful mannerisms
   b. Understand culturally specific patient-physician relationships
   c. Experience relationships among healthcare professionals
   d. Collaborate with medical students of a different background
   e. Understand and discuss ethical concerns unique to [ ]

**Learning Strategies:**
The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):

1. Observe and shadow standard women’s health care professionals in PEDS
2. Interact with medical students and professionals
3. Communicate with patients
4. Experience daily life in
5. Attend lectures, discussions, and conferences
6. Observe sensitive patient discussions regarding sexual health and family planning decision making
7. Exposure to commonly used procedures
8. Exposure to new research topics in
9. Learn commonly used resources for medical care in
10. Speak to patient families to understand their role in health management

**Written Report Due Date:**
Due by the end of the first week of Senior Seminars if the elective is scheduled for Block J
Due within 4 weeks after the elective ends if the elective is scheduled for any other Block

__________________________  ____________________________
Dr. Seiji Yamada          Date
Director, Medical Student Education
Department of Family Medicine
John A. Burns School of Medicine
University of Hawaii

__________________________  ____________________________
Dr. Gregory Maskarinec    Date
Director, Office of Global and International Health
John A. Burns School of Medicine
University of Hawaii

Children along the Netetu Canal, Faischuu, FSM
Course Title: MED 545D: Medicine Elective in Asia
Pre-requisite: Student must be in good standing and have received credit for MED 541
Duration: 4 weeks minimum
Number of students: Usually 2 students
Location: Various sites in Asia
Cost: Students are expected to pay all expenses. Limited financial assistance is available for more information contact Dr. Maskarinec
Grading: Credit/No Credit only
Program Director: Mari Shiraishi, MD
Contact: Mari Shiraishi, MD (mas82@hawaii.edu)
Website: www.uhmed.org
Course Description: Students will choose a preceptorship site with the assistance of Dr. Maskarinec

Course Objectives:
• To increase students’ knowledge of diseases affecting people in Asia.
• To expose students to the practice of internal medicine or its sub-specialties in Asia and to compare this to practice in the US, especially in Hawai‘i.
• To expose students to the care of patients in Asia and to compare this to the care of patients in the US, specifically to Hawai‘i.
• Immersion in the culture of the country selected.

Student Evaluation:
• Before the end of the elective, the preceptor(s) must complete the Faculty Evaluation of Student form, which is found on the Department’s website.
• Within 2 weeks after the completion of the elective, the student must complete a Student Evaluation of Elective form.
• Within 4 weeks after the completion of the elective, the student must submit a written report to the Department of Medicine. In addition, the
student must submit this report to Dr. Maskarinec, along with the Student Evaluation of Elective form.

Sample Education Plan:

University of Hawaii
John A. Burns School of Medicine

**Medicine Elective in Asia (MED 545-D)**

**Education Plan**

**Name of Student:**

**Name of Medical Institution in Asia:**

**Location of Medical Institution in Asia** (city, country):

**Elective Block:**

**Elective Dates** (4 weeks minimum):

**Area or subspecialty of Internal Medicine:**

**Learning Objectives:**

As a result of this Medicine Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1) **Medical Knowledge**
   a) Understand [] epidemiology/risk factors for common medical conditions  
   b) Understand basic pathophysiology and clinical features of geographically prevalent diseases  
   c) Understand treatments and alternative therapeutics offered locally for common medical conditions  
   d) Understand the [] healthcare system  
   e) Understand [] lifestyle and cultural practices

1) **Clinical Skills**
   a) Identify social risk factors and cultural habits specific to []  
   b) Comprehend beliefs and practices about Balinese healthcare  
   c) Interview and manage patients with a language barrier  
   d) Appreciate cultural/locational differences in medical practice

1) **Professionalism**
   a) Maintain an appropriate and courteous manner  
   b) Present a professional appearance and demeanor  
   c) Work effectively within the healthcare team  
   d) Respect ethical concerns and cultural preferences  
   e) Demonstrate initiative and motivation to learn

**Learning Strategies:**
The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):

1. Observe and shadow the physician in the clinical setting
2. Participate in patient care
3. Discuss patient care and treatment with local physicians and students
4. Volunteer to perform clinical procedures
5. Attend lectures and conferences
6. Use textbooks and online resources to learn useful Balinese medical terms
7. Utilize book and electronic resources to look up learning issues
8. Research the latest studies regarding diseases and treatments
9. Actively ask questions regarding Balinese health care
10. Embrace Balinese culture and understand public health concerns

Written Report Due Date:
- Due by the end of the first week of Senior Seminars if the elective is scheduled for Block J
- Due within 4 weeks after the elective ends if the elective is scheduled for any other Block

Dr. Mari Shiraishi
4th Year Electives Director
Department of Medicine
John A. Burns School of Medicine
University of Hawaii

Dr. Gregory Maskarinec
Director, Office of Global and International Health
John A. Burns School of Medicine
University of Hawaii

Focus group on Mogmog, Ulithi Atoll, Yap State
Anchoring at Calalen, Marshall Islands
Course Title: SURG 545T: Surgery Preceptorship in Asia
Pre-requisite: Student must be in good standing and have received credit in SURG 531 or 532
Duration: 4 weeks minimum
Number of students: Site dependent
Location: Various sites in Asia
Cost: Students are expected to pay all expenses. Limited financial assistance is available from Dr. Maskarinec.
Grading: Credit/No Credit only
Contact: Chad Cryer, MD (ccryer@ucera.org)
Course Description: Students will choose a surgical preceptorship site with the assistance of Dr. Maskarinec

Course Objectives:
• This elective must be in the field directly related to an area of surgery or a recognized surgical specialty.
• To expose students to the practice of surgery or its specialties in Asia and to compare this to practice in the U.S. and specifically in Hawai‘i.

Student Evaluation:
• Before the end of the elective, preceptor(s) must complete the Faculty Evaluation of Student Forms.
• Submit a report to the Department of Surgery. This should be completed within 4 weeks of the students return.
  • Submit a written report concerning the outcomes of the elective or
  • Submit an article suitable for distribution describing knowledge gained or
  • Submit a proposal for a research project or community intervention.
• Send a copies of these reports to Dr. Maskarinec
Sample Education Plan:

University of Hawaii
John A. Burns School of Medicine
Surgery Preceptorship in Asia (SURG 545-T)

Education Plan

Name of Student: __

Name of Medical Institution in Asia: __

Location of Medical Institution in Asia (city, country): __

Elective Block: __________

Elective Dates (4 weeks minimum):

Area or subspecialty of Surgery: __General Surgery__

Learning Objectives:
As a result of this Surgery Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1. Medical Knowledge
   a. Compare disease prevalence between Hawaii/US and []
   b. Learn about subtleties of presentation of illness in [] and identify unique medical conditions of the region
   c. Participate in preoperative medical care in the [] medical system
   d. Understand similarities and differences in risk factors and pathophysiology of disease in Hawaii and []
   e. Learn about prevalent microbiology and antibiotic use/philosophy for perioperative care in []

2. Clinical Skills
   a. Improve understanding of standards of perioperative care (eg. overnight admission criteria) in [] compared with the US
   b. Refine physical exam techniques pertinent to evaluation of surgical problems
   c. Improve recognition of situations that require surgical intervention
   d. Improve cultural competency and sensitivity in performing physical examination on patients from different cultures/backgrounds
   e. Learn about differences in prioritization of the differential diagnosis based on [] culture and disease prevalence

3. Professionalism
   a. Improve interpersonal skills in the setting of language barriers and cultural differences
   b. Learn how to navigate a new healthcare system while maintaining respect for cultural differences
   c. Learn basic [] medical terminology for patient education
d. Investigate the [] philosophy of the doctor-patient relationship

Learning Strategies:
The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):
1. Shadowing and assisting attending and/or resident surgeons in perioperative management of surgical patients
2. Participating in OR procedures to the extent permitted
3. Attending didactic and lecture sessions when offered
4. Learning about [] culture by observing healthcare personnel
5. Conducting interviews with English-speaking patients
6. Preparing by researching [] common illnesses and learning basic vocabulary

Written Report Due Date: __

_________________________________________
Susan Steinemann, MD
Director of Surgical Medical Student Education
Department of Surgery
John A. Burns School of Medicine
University of Hawaii

_________________________________________
Gregory Maskarinec, PhD
Director, Office of Global and International Health
John A. Burns School of Medicine
University of Hawaii

Post at Wichukino, Tol, Faischuuk
Health Post on Etten, Chuuk
CONSENT, WAIVER, RELEASE AND INDEMNITY AGREEMENT*
*form-fillable pdf version also available on the global health website

CONSENT, WAIVER, RELEASE AND INDEMNITY AGREEMENT*
University of Hawai‘i John A. Burns School of Medicine
International Exchange or Other International Programs

Name of Covered Program: ____________________________________________

Location: __________________________________________________________________________

Dates (From, To): __________________________________________________________________________

In consideration for my participation in the Covered Program, I agree to the following on behalf of myself and my heirs, executors, administrators, and personal representatives:

1. Representation of health. I understand the nature of the Covered Program and I represent that I am in good physical, mental, and emotional health and able to participate in the Covered Program. If, at any time, I believe the conditions of my participation to be unsafe, I will immediately cease further participation in the Covered Program. I further agree to and represent that in connection with my participation in the Covered Program: (a) I will be covered by a private medical and liability insurance policy, (b) I am not employed by the University of Hawai‘i, and (c) the University of Hawai‘i will not be responsible for or required to indemnify me with respect to any illness, personal or bodily injury, death, economic and property damage, severe emotional loss, and any other loss, damage, or injury (collectively the “Injuries/Damages”) that I may sustain or suffer in connection with my participation in the Covered Program.

2. General assumption of risk. I understand and acknowledge the dangers and risks involved in my participation in the Covered Program including the Injuries/Damages. These Injuries/Damages may be caused by actions or inactions of myself or others participating in the Covered Program and/or the conditions where the Covered Program occurs. I acknowledge there may be other Injuries/Damages not known to me or readily foreseeable at this time. I fully accept and assume all risks of the Injuries/Damages resulting from my participation in the Covered Program. I have read and understood all written materials setting forth the requirements for my participation and I will observe, follow, and comply with all verbal and written instructions.

3. JABSOM assumption of risk. I understand that JABSOM and the University of Hawai‘i are not in a position to and do not guarantee my personal health and safety during participation in the Covered Program. I understand that I am responsible for any and all medical, hospital, other health care provider, and related expenses for any injury or other liabilities arising out of my participation in the Covered Program. I understand that I should be covered by a comprehensive travel insurance policy that includes coverage for medical, evaluation, and repatriation expenses, prior to my participation in the Covered Program. I understand that JABSOM’s professional liability insurance policy, which covers certain qualified University of Hawai‘i personnel and students, does not respond to claims brought in a non-U.S. state or territory. If a medical claim is filed against me in a non-U.S. state or territory, I will be personally responsible for all costs associated with my defense. I understand that I am not allowed to provide direct patient care services. If
I am a JABSOM first-year medical student, then I understand I am able to observe but not participate in surgical or labor and delivery procedures. I understand that if I participate in research activities of the Covered Program, then I will obtain all necessary certifications and clearances, in compliance with all JABSOM, University of Hawai‘i, State of Hawai‘i, and federal laws and regulations prior to my participation in the Covered Program. I further understand that my failure to do so may lead to serious legal and/or academic consequences to me. I understand that my violation of any statute, ordinance, law, rule, regulation, or term of this agreement is expressly prohibited and grounds for my dismissal from the Covered Program.

4. Waiver and release. I hereby waive, release, and discharge any and all claims, demands, actions, rights, and causes of action for any and all Injuries/Damages, known or unknown, related to, arising from, or traceable, either directly or indirectly, to my participation in the Covered Program (collectively the “Released Claims”).

5. Indemnify, defend, and hold harmless. I accept full responsibility for my participation in the Covered Program and I agree to indemnify, defend, and hold harmless the University of Hawai‘i, and its past, present, and future Board of Regents, officers, employees, agents, and assigns from any and all Released Claims and any and all demands, actions, judgments, injunctions, orders, directives, penalties, assessments, liens, liabilities, losses, damages, costs, and expenses (including attorneys’ fees), arising or resulting from or caused by any of my acts or omissions (or by any person for whom I am responsible) during, involving, or related to my participation in the Covered Program.

6. Photo, video, and sound recording release and consent. I authorize the University of Hawai‘i and its officers, agents, employees, successors, licensees, and assigns to take and use photographs, video, and sound recordings of and/or live stream my participation in the Covered Program and to use my name, image, likeness, and voice (collectively the “Recordings”): (a) for any legitimate purpose, including any educational, institutional, scientific, fundraising, or information purposes, (b) in perpetuity, (c) on a worldwide basis, (d) without compensation to me, (e) in any manner or media, including use on social media sites and web pages accessible to the general public, and (f) alone or in combination with other Recordings. All right, title, and interest in the Recordings belong solely to the University of Hawai‘i. I understand the Covered Program may attract media coverage or be recorded, in whole or in part, for rebroadcast or retransmission, and I consent to my inclusion in such media coverage, which may appear in print media, live or replay telecast or broadcast, podcast, and/or through social media and internet postings.

I have read this Consent, Waiver, Release, and Indemnity (“Agreement”) and I understand that I am giving up substantial rights, including the right to sue. I am participating in the Covered Program freely and voluntarily. I agree that: (a) the laws of the State of Hawai‘i shall apply to this Agreement and (b) if any portion of the Agreement is invalid, the remainder of the Agreement shall continue in full force and effect.

____________________________________  ____________________________________  _________________
Signature of Participant                  Print Name                                       Date
Tips for Travelers

- Do no harm.
- Practice cultural humility - when unsure what is appropriate, ask.
- Tolerate a high level of ambiguity.
- Seek to contribute to sustainable improvements, not quick fixes.
- Learn as much of the local language as you can.
- Remember that you are a guest: treat your host and all patients with courtesy and respect at all times.
- Pay attention to your health needs and personal safety.
- Display the highest personal and professional conduct in the performance of assignments and in dealing with others.
- Show sensitivity to local beliefs, traditions, cultures and religions.
- Work hand in hand with local health care providers. Do not compete, you are there to learn from them.
- Be flexible and expect the unexpected.

Western Gate of Khiva, Uzbekistan
Useful Resources [websites accurate as of July 2018]

UH Health Services Travel Medicine Information
   http://www.hawaii.edu/shs/our_services/travel_medicine.php

U.S. State Department – Travel Warnings & Consular Information Sheets
   https://travel.state.gov/content/travel.html

U.S. State Department – Registration
   https://step.state.gov/step

Centers for Disease Control – Health Risks and Disease Prevention
   https://wwwnc.cdc.gov/travel

Weather
   http://worldweather.wmo.int/en/home.html

Supplemental Travel Insurance

   International SOS
      www.internationalsos.com
   SAFETRIP
      https://www.uhcsafetrip.com/
   International Association for Medical Assistance to Travelers
      https://www.iamat.org/
   SquareMouth
      https://www.squaremouth.com/

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