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[Image: Children in Jarjarkot District, Western Nepal]
INTRODUCTION

Sunset from the deck of the Hokulea

Global Health and International Medicine at JABSOM seeks to assist our students, residents and faculty in their efforts to improve the well being of our planet, addressing health issues that transcend national boundaries and improving health care at all levels of society—personal, community, national, regional, global, and planetary. Global health addresses major impediments to well being such as infectious diseases, inadequate nutrition, structural violence, and poverty, conditions that have wide ranging effects in both developed and underdeveloped regions of the world. We seek to improve the skills needed, through study, research, practice, and advocacy, to respond to global threats to health and wellbeing, and to understand better health care systems elsewhere in the world.

JABSOM"s Office of Global Health and International Medicine (OGHIM) is directed by Gregory G. Maskarinec, PhD, who also chairs JABSOM's Committee on Global Health, a standing committee within the Dean’s Office at JABSOM, tasked with coordinating the school’s efforts in the global health.

OGHIM works to ensure that all international activities of JABSOM faculty, staff and students are aligned with the school's mission and in compliance with all accreditation body requirements. OGHIM facilitates all JABSOM efforts that address global health issues, international medical education, international student and faculty exchange, and international research, and promotes the relevance of global health, international medical education, and social justice for medical students and faculty at JABSOM.
Global Health Interest Group
GHIG is comprised of medical students and faculty interested in increasing awareness of global health issues, other cultures, and international sociopolitical topics. GHIG focuses on promoting a global and multcultural perspective to the medical curriculum and to encourage opportunities for JABSOM students to work internationally and live abroad.
Contact: Kenton Kramer, PhD. or Gregory G Maskarinec, PhD.

Partnership for Social Justice
PSJ is an interest group made up of members from a variety of disciplines, including medicine, law, nursing, and public health. PSJ aims to make a lasting difference in our community through projects designed to address health and educational inequities, and to understand public policy in both local and global domains. Each spring PSJ students facilitate an elective course "Social Justice in Medicine," overseen by Seiji Yamada, MD, MPH and Gregory Maskarinec, PhD.

Graduate Certificate in Tropical Medicine
This one year Graduate Certificate in Tropical Medicine offers a unique opportunity for medical students to study the many dimensions of tropical medicine and global health. Students gain hands-on experiences working in settings around the world. Completion of this certificate fulfills the academic requirements for the graduate to sit for the CTropMed diploma offered by the American Society for Tropical Medicine & Hygiene.
Contact: William Gosnell, PhD.
Philippine Medical Student Association of Hawai‘i
This association is a group of medical students, faculty and practicing physicians interested in health issues of the Philippines and Filipinos living in Hawai‘i. The Philippine Medical Association of Hawai‘i sponsors PMSAH. Contact: Kenton Kramer, PhD.

The Hawai‘i/Pacific Basin Area Health Education Center
The Area Health Education Center (AHEC) provides limited financial support, assistance with coordination and on the ground assistance for students from all years of medical training for both credit and non-credit experiences across Hawaii, American Samoa, Republic of Palau, Guam, Federated States of Micronesia, the Commonwealth of the Northern Mariana Islands, the Republic of the Marshall Islands and Taiwan. Contact: Kelley Withy, MD, PhD.

Rigging of the Alingano Maisu, Yap Harbor
SECOND YEAR OPPORTUNITIES

MD5 courses, offered between the first and second year of medical school, provide international cultural opportunities throughout Asia and the Pacific Basin. Consult the MD5 Handbook or contact David Horio, MD, for more information.

FOURTH YEAR OPPORTUNITIES

Three clinical departments (Family Medicine, Internal Medicine, & Surgery) offer one month electives for fourth year students interested in an international clinical experience in Asia. Dr. Gregory Maskarinec and the appropriate faculty member in each Department coordinate the arrangements. If needed, financial assistance may be available through the Office of Global Health and International Medicine (contact Dr. Maskarinec or Ms Paula Uchima (e-mail: pkuwaye@hawaii.edu) for details). Currently, the following sites, with which JABSOM has memorandums of understanding (MOUs), are available:

BALI, INDONESIA (every second year)
1. Udayana University School of Medicine

JAPAN
2. Akita University School of Medicine
3. Gifu University School of Medicine
4. Hamamatsu University School of Medicine
5. Jikei University School of Medicine
6. Juntendo University School of Medicine
7. Kanazawa Medical University
8. Kanazawa University Graduate School of Medical Science and School of Medicine
9. Keio University School of Medicine
10. Kitasato University School of Medicine
11. Kobe University School of Medicine
12. Kochi Medical School
13. Nippon Medical School
14. Okinawa Chubu Hospital
15. Osaka Medical College
16. Saga Medical School
17. Showa University School of Medicine
18. St. Marianna University School of Medicine
19. Toho University, The Faculty of Medicine
20. Tokai University School of Medicine
21. Tokyo Women’s Medical University
22. University of Ryukyus
23. University of Tokyo, Faculty of Medicine and Graduate School of Medicine
24. Wakayama University School of Medicine

KOREA
25. Jeju National University
26. Pusan National University School of Medicine

PHILIPPINES
27. Santo Tomas University, Manila

TAIWAN
28. Kaohsiung Medical University
29. Taipei Medical University

THAILAND
30. Siriraj Hospital, Mahidol University
31. Thammasat University

NEW ZEALAND (Research Only)
32. e Mata O Te Tau, Massey University
33. Te Whare Kura, Faculty of Arts of the University of Auckland
Fourth Year Medical Student Guidelines for The Development of An Overseas Experience

• Choose an Institution with a MOU with JABSOM from the list above.
• Choose a JABSOM Clinical Department as your sponsor. Contact the appropriate person within this Department.
  Department of Medicine: Mari Shiraishi, MD: mas82@hawaii.edu
  Department of Family Medicine: Lira Quitevis: liraq@hawaii.edu
  Department of Surgery: Chad Cryer, MD (ccryer@ucera.org)
• Confirm that the chosen site has a faculty member with a clinical appointment in the Department sponsoring the trip.
• Develop an educational plan, including specific learning objectives and learning strategies that are acceptable to the sponsoring Department and the host preceptor at least 6 months before the elective begins. Discuss your plan with the Department representative and Dr. Maskarinec.
• Complete the elective as outlined in your plan. At the conclusion of the trip, submit a written report to your clinical department, host institution and Dr. Maskarinec. Make a presentation to the Global Health Interest Group regarding your experience and lessons learned.

Other requirements:
• Students must be in good academic standing.
• Students are responsible for all expenses. Travel funds may be available; contact Dr. Maskarinec for more information on travel funds.
• Travel is not permitted to areas that have a U.S. State Department Travel Warning.
• Students must purchase Travel and Supplemental Health Insurance. The policy must include evacuation and repatriation provisions.
• Students should consider registering with Smart Traveler Enrollment Program (STEP) (travel.state.gov).
• Before leaving, student should visit a Travel Medicine Clinic and receive appropriate health advice and prophylactic measures.

• Students must contact Dr. Burgess (lburgess@hawaii.edu; with a cc to Dr. Maskarinec) upon arrival at their international destination and upon their return to the United States.

DEPARTMENT OF FAMILY MEDICINE & COMMUNITY HEALTH

Health Education class, Fais Island, Yap State, FSM.

Course Title: FMCH 545B: Primary Care Preceptorship or FMCH 545C: Topics in Community Health
Pre-requisite: Student must be in good standing and have received credit in FMCH 531 or 532
Duration: 4 weeks minimum
Number of students: Site dependent
Location: Various sites in Asia and the Pacific. Students choose an international site after consulting Drs. Yamada and Maskarinec.
Cost: Students are expected to pay all expenses. Limited financial assistance is available. For more information contact Dr. Maskarinec
Grading: Credit/No Credit only
Program Director: Seiji Yamada, MD, MPH
Contact: Lira Quitevis; liraq@hawaii.edu; 808-627-3232
Course Description: The FMCH courses allow further experience and flexibility in studies within the field of Primary Care and Community Health.
Sample Education Plan:

**Topics in Family Medicine & Community Health (FMCH 545C)**

*Education Plan*

Name of Student: _____

Name of Medical Institution in Asia: ______

**Location of Medical Institution in Asia** (city, country): ____________

**Elective Block:** __

Elective Dates (4 weeks minimum):

Area or subspecialty: ____

**Learning Objectives:**

As a result of this Family Medicine Elective in Asia, the student will demonstrate (describe specific learning objectives for each of the following three sections):

1. **Medical Knowledge**
   a. Understanding of the epidemiologic differences of medical disease in Japanese women’s health compared to Hawaii
   b. Experience in different pharmacologic, therapeutic and technologic treatments unique to Japan
   c. Experience the management of Japanese pediatric healthcare problems and compare this to the method of care in Hawaii
   d. Understanding different diagnostic criteria and treatment options for medical diseases in Japan
   e. Understanding of the differences in a universal health care system and the US health care system

2. **Clinical Skills**
   a. Knowledge of the cultural differences in communication and interpersonal skills. Understand patient beliefs and ideas about medical disease
   b. Understand differences in cultural sensitivity during history and physical examination
   c. Build on experience assessing patients with a language barrier including learning basic medical terminology in Japanese
   d. Identify social determinants of health that may influence access to healthcare

3. **Professionalism**
   a. Understand and experience culturally appropriate and respectful mannerisms
   b. Understand culturally specific patient-physician relationships
   c. Experience relationships amongst healthcare professionals
   d. Collaborate with medical students of a different background
   e. Understand and discuss ethical concerns unique to Japan

**Learning Strategies:**

The student will employ the following strategies to accomplish these learning objectives (e.g., observation/shadowing, patient care, attending lectures and conferences, reading, research):

1. Observe and shadow standard women’s health care professionals in PEDS
2. Interact with medical students and professionals
3. Communicate with patients
4. Experience daily life in Japan
5. Attend lectures, discussions, and conferences
6. Observe sensitive patient discussions regarding sexual health and family planning decision making
7. Exposure to commonly used procedures
8. Exposure to new research topics in Japan
9. Learn commonly used resources for medical care in Japan
10. Speak to patient families to understand their role in health management

Written Report Due Date: ________________

Due by the end of the first week of Senior Seminars if the elective is scheduled for Block J
Due within 4 weeks after the elective ends if the elective is scheduled for any other Block

Dr. Seiji Yamada
Director, Medical Student Education
Department of Family Medicine
John A. Burns School of Medicine
University of Hawaii

Dr. Gregory Maskarinec
Director, Office of Global and International Health
John A. Burns School of Medicine
University of Hawaii

Children along the Netetu Canal, Faischuuk, FSM
Course Title: MED 545D: Medicine Elective in Asia
Pre-requisite: Student must be in good standing and have received credit for MED 541
Duration: 4 weeks minimum
Number of students: Usually 2 students
Location: Various sites in Asia
Cost: Students are expected to pay all expenses. Limited financial assistance is available for more information contact Dr. Maskarinec
Grading: Credit/No Credit only
Program Director: Mari Shiraishi, MD
Contact: Mari Shiraishi, MD (mas82@hawaii.edu)
Website: www.uhmed.org
Course Description: Students will choose a preceptorship site with the assistance of Dr. Maskarinec
Course Objectives:
• To increase students’ knowledge of diseases affecting people in Asia.
• To expose students to the practice of internal medicine or its subspecialties in Asia and to compare this to practice in the US, especially in Hawai’i.
• To expose students to the care of patients in Asia and to compare this to the care of patients in the US, specifically to Hawai’i.
• Immersion in the culture of the country selected.

Student Evaluation:
• Before the end of the elective, the preceptor(s) must complete the Faculty Evaluation of Student form, which is found on the Department’s website.
• Within 2 weeks after the completion of the elective, the student must complete a Student Evaluation of Elective form.
• Within 4 weeks after the completion of the elective, the student must submit a written report to the Department of Medicine. In addition, the
DEPARTMENT OF SURGERY
Course Title: SURG 545T: Surgery Preceptorship in Asia
Pre-requisite: Student must be in good standing and have received credit in SURG 531 or 532
Duration: 4 weeks minimum
Number of students: Site dependent
Location: Various sites in Asia
Cost: Students are expected to pay all expenses. Limited financial assistance is available from Dr. Maskarinec.
Grading: Credit/No Credit only
Contact: Chad Cryer, MD (ccryer@ucera.org)
Course Description: Students will choose a surgical preceptorship site with the assistance of Dr. Maskarinec
Course Objectives:
• This elective must be in the field directly related to an area of surgery or a recognized surgical specialty.
• To expose students to the practice of surgery or its specialties in Asia and to compare this to practice in the U.S. and specifically in Hawai‘i.

Student Evaluation:
• Before the end of the elective, preceptor(s) must complete the Faculty Evaluation of Student Forms.
• Submit a report to the Department of Surgery. This should be completed within 4 weeks of the students return.
  • Submit a written report concerning the outcomes of the elective or
  • Submit an article suitable for distribution describing knowledge gained or
  • Submit a proposal for a research project or community intervention.
• Send a copies of these reports to Dr. Maskarinec

Health Post at Wichukino, Tol, Faischuuk

Health Post on Etten, Chuuk

Focus group on Mogmog, Ulithi Atoll, Yap State

Anchoring at Calalen, Marshall Islands
Acknowledgment of Risks, Release, And Indemnity Agreement
University of Hawai‘i John A Burns School of Medicine
International Exchange Programs

Name of Course/Program:
Location:
Dates of the Program:
Name of Participant (“Participant”):

General Assumption of Risk: I understand that Participant will be participating in the University of Hawai‘i Program and its activities on the dates described above. I am fully aware and acknowledge that there are inherent dangers and risks involved in participation in the Program, which may include but are not limited to traveling to/from the Program Location, exposure to potentially serious health and safety hazards such as transportation accidents; storms, floods, earthquakes, and other natural disasters; infectious diseases; inadequate medical care; remote access to medical treatment; armed insurrections, crime, civil disturbances, and terrorist activities. I am fully aware that there are inherent risks of harm that include, but are not limited to, illness, personal injury, or death. I understand and acknowledge that these injuries or outcomes may arise from my own or others’ actions, inaction or negligence. I certify that I am in good physical health and am able to participate in all activities of the above-named Program. I understand that the University of Hawai‘i does not provide health insurance or otherwise indemnify individuals with respect to injuries or other liabilities arising out of participation in the Program.

JABSOM-Related Assumption of Risk:

- I understand that Participant assumes all related risks, both known and unknown to Participant, of Participant’s participation in the Program, including, but not limited to, travel to, from, and during the Program.
- I understand that JABSOM and the University of Hawai‘i are not in a position to and do not guarantee Participant’s personal health and safety during Participant’s participation in the Program and its activities.
• I understand that Participant is responsible for any and all medical, hospital, other health care provider, and related expenses for any injury or other liabilities arising out of Participant’s participation in the Program and its activities. I understand that prior to Participant’s participation in the Program, Participant should obtain coverage from a comprehensive travel insurance policy that includes coverage for medical, evacuation, and repatriation expenses. I understand that Participant should be covered during the dates of the Program by private health insurance and liability insurance policies.

• I understand that JABSOM’s professional liability insurance policy, to the limits and extent specified in the policy, covers medical students who participate in the Program and its activities on the dates described above and who are acting within the course and scope of duties assigned by an authorized representative of JABSOM.

• I understand that JABSOM’s professional liability insurance policy does not respond to claims brought in a non-U.S. State or territory. If a claim is filed against Participant in a non-U.S. State or territory, Participant will be personally responsible for all costs associated with Participant’s defense.

• I understand that if Participant participates in research activities of the Program, Participant will obtain all necessary certifications and clearances, in compliance with all applicable JABSOM, University of Hawai‘i, State of Hawai‘i, and federal laws and regulations prior to Participant’s participation in research activities of the Program. I further understand that Participant’s failure to do so may lead to serious legal and/or academic consequences to Participant.

• I understand that Participant must obtain a person’s or his/her guardian’s authorization before taking his/her picture, and written authorization before publishing his/her picture. If the photo depicts a medical situation, the photo is allowed to be used for medical purposes but is not allowed to be posted on the Internet, on social media, or in other public places. JABSOM medical students should see the JABSOM Director of Student Affairs with questions about this policy.
• I understand that Participant’s violation of any statute, ordinance, law, rule, regulation, or term of this Agreement is expressly prohibited and grounds for Participant’s immediate dismissal from the Program.

Hold Harmless, Indemnity and Release:
In consideration of Participant being permitted to participate in the Program:
• I agree, for Participant, Participant’s heirs, personal representatives, and assigns, to hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE the University of Hawai‘i, its Board of Regents, officers, employees, agents, and representatives from any and all claims, demands, actions or causes of action, on account of any loss, including damage to personal property, or personal injury or death, which arise out of Participant’s participation in the Program.
• I also agree to DEFEND, INDEMNIFY, AND HOLD HARMLESS the University of Hawai‘i, its Board of Regents, officers, employees, agents, and representatives from any and all claims, demands, actions or causes of action, on account of any loss, including damage to personal property, or personal injury or death, which arise out of Participant’s participation in the Program.
• I agree that this Agreement shall be construed in accordance with the laws of the State of Hawai‘i. I further agree that if any portion is held invalid, the remainder shall continue in full legal force and effect.
• I have read this Assumption of Risk, Release, and Indemnity Agreement and I understand that I am giving up substantial rights, including the right to sue. I acknowledge that I am signing this Agreement freely and voluntarily.

Participant Acknowledgement

Parent/Legal Guardian Acknowledgment

Participant’s Signature/Date

Parent/Guardian’s Signature/Date

Print Name

Print Name
Tips for Travelers

• Do no harm.
• Practice cultural humility - when unsure what is appropriate, ask.
• Tolerate a high level of ambiguity.
• Seek to contribute to sustainable improvements, not quick fixes.
• Learn as much of the local language as you can.
• Remember that you are a guest: treat your host and all patients with courtesy and respect at all times.
• Pay attention to your health needs and personal safety.
• Display the highest personal and professional conduct in the performance of assignments and in dealing with others.
• Show sensitivity to local beliefs, traditions, cultures and religions.
• Work hand in hand with local health care providers. Do not compete, you are there to learn from them.
• Be flexible and expect the unexpected.
**Useful Resources** [websites accurate as of July 2018]

**UH Health Services Travel Medicine Information**

http://www.hawaii.edu/shs/our_services/travel_medicine.php

**U.S. State Department – Travel Warnings & Consular Information Sheets**

https://travel.state.gov/content/travel.html

**U.S. State Department – Registration**

https://step.state.gov/step

**Centers for Disease Control – Health Risks and Disease Prevention**

https://wwwnc.cdc.gov/travel


**Weather**

http://worldweather.wmo.int/en/home.html

**Supplemental Travel Insurance**

**International SOS**

www.internationalsos.com

**SAFETRIP**

https://www.uhcsafetrip.com/

**International Association for Medical Assistance to Travelers**

https://www.iamat.org/

**SquareMouth**

https://www.squaremouth.com/

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*Durga Puja, Chittagong, Bangladesh*
Contact Information

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David Horio, MD, Office of Medical Education
email: dhpathx@gmail.com

Petroglyph Field, Cholpon Ata, Kyrgyzstan
Besakih, Pura Pengubengan, Bali, Indonesia

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